

FROM THE RABBI

DEAR FRIENDS:

It was meaningful and heartening to share the Yamim Noraim High Holy Days with our Emanuel Family. Thanks



to everyone for making the experience a memorable and meaningful one! Many people have responded to my Yom Kippur Yizkor sermon that featured some of the words of Steve Jobs on life and death. I have condensed it and reprinted it in this newsletter for you. Wishing you a year of blessing and accomplishment!

— David J. Small

YIZKOR SERMON YOM KIPPUR 5772

This sermon is about death. Today we have a profound opportunity to look within and ask ourselves the hard questions that generate real change in our lives. The Yom Kippur liturgy is filled with references that in turn remind us of death, dramatize our mortality and the brevity of our lives, and then urge us to live our lives with meaning and integrity.

Our days are like the grass that springs up in morning and by nightfall fades and withers/like the passing clouds/the winds that blow and vanish...

The recent death of Steve Jobs, titan of industry, at age 56 provides us with a reminder of today's theme: the gates are closing; the time to act is now.

In 2005, Jobs addressed the graduating class of Stanford University. He told three stories from his life and drew lessons from them. I would like

to share with you some of Job's third story, because it was about death and the meaning of death for how we live life:

My third story is about death. When I was 17, I read a quote that went something like: "If you live each day as if it was your last, someday you'll most certainly be right." It made an impression on me, and since then, for the past 33 years, I have looked in the mirror every morning and asked myself: "If today were the last day of my life, would I want to do what I am about to do today?" And whenever the answer has been "No" for too many days in a row, I know I need to change something.

Remembering that I'll be dead soon is the most important tool I've ever encountered to help me make the big choices in life. Because almost everything — all external expectations, all pride, all fear of embarrassment or failure — these things just fall away in the face of death, leaving

(continued on page 3)

SAVE THE DATES
For The Emanuel 2011-12
CONCERT SERIES



SATURDAY EVENING, NOVEMBER 5, 2011

OPERATIC FAVORITES AND BROADWAY HITS FEATURING SOPRANO SARAH ASMAR AND TENOR JOSHUA KOHL

SUNDAY AFTERNOON, FEBRUARY 26, 2012

CLASSICAL MASTERWORKS BY PIANIST LUIZ DEMOURA CASTRO

SUNDAY EVENING, APRIL 22, 2012

RHYTHMS FROM AROUND THE WORLD WITH THE RICHIE BARSHAY TRIO

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PRESIDENT'S MESSAGE.....by Gail Weinstein

As I write this message, I am filled with great pride for having attended Shabbat Shuva which celebrated the Bar Mitzvah of Joseph Kerimov. Joseph is a young man with special needs. His mom, Marina Azimova, came to our country from the former Soviet Union. Joseph and Marina both approached this day with great joy. Our congregation embraced them both as we, together, celebrated Joseph's Bar Mitzvah. It seemed as though a collective large hug from our congregation enveloped them (and it did!). Those at Shabbat services who celebrated with Joseph and Marina realized what we as a community are truly about — caring, learning from one another, sharing joys, and realizing that our Judaism is truly a precious legacy which our people have worked mightily over thousands of years to pass onto their children and their children's children.



What a journey for this family. In the former Soviet Union Marina knew little of her religion. Hearing both Joseph and Marina chant the *Brachot* rekindled in my mind the strength of Judaism and how the "Torah is truly a Tree of Life to those who cling to it."

Joseph and Marina have found within the Emanuel true sanctuary, a sanctuary on so many levels. Our synagogue/sanctuary is a place of safety and asylum; it is a community of caring and comfort. Joseph and Marina have found within the Emanuel a place that is comfortable; a place where they are cared about, a place that is a second home. I hope that The Emanuel is all this for every

single Emanuel member.

Too often we believe that Judaism is one among many options in the "Bag of Life." This is plainly false. Being Jewish isn't just another option. Being Jewish is who we are. Judaism is our way of life; it is an expression of who we are. This is why we have embarked upon our L'Dor Va Dor Capital Campaign — to be here for this generation and the generations yet to come. The refurbishment and renewal of the physical space of our sanctuary is the keystone of the campaign. Our Sanctuary and Synagogue are at the heart of our spiritual life — they are there for you always; at life's most joyous moments and at life's darkest days. Lamentations 2:1 reminds us, "Both the Ark and its sanctuary were said to be the beauty of Israel."

It is now our turn to carry on the work of our generous founding families and to do something important for ourselves and future generations. There are no mystery philanthropists out there who will do this for us, no governmental agencies who will do this for us, no grant programs and no foundations yearning to shower money on a congregation who needs to rehabilitate its sacred space. It is up to us. Each of us must decide what lesson we wish to teach our children about our values, about caring, and about giving — both of time and financial resources with openness and gladness.

I am always proud to be part of the Emanuel community. Sharing in Joseph and Marina's joy made me
(continued next page)

The
Emanuel News
The Emanuel Synagogue
160 Mohegan Drive
West Hartford, CT 06117

The Emanuel News (USPS 174-820) is published bi-monthly by The Emanuel Synagogue, 160 Mohegan Drive, West Hartford, CT 06117. Periodicals Postage Paid at Hartford, CT. POSTMASTER: Send address changes to *The Emanuel News*, 160 Mohegan Drive, West Hartford, CT 06117.



Business Office (860) 236-1275
Business Office Fax (860) 231-8890
School Office (860) 233-2774
Internet Address: www.emanuelsynagogue.org

OFFICERS AND STAFF

EMAIL

VOICE MAIL EXT.

Gail Weinstein.....	President	gjw171@aol.com	
David J. Small.....	Rabbi	rabbismall@emanuelsynagogue.org	115
Gerald B. Zelermeyer.....	Rabbi Emeritus			
Moshe Pinchover.....	Ritual Director	mpinch@emanuelsynagogue.org	117
Sanford Cohn.....	Cantor	cantorcohn@emanuelsynagogue.org	114
Stuart Levy.....	Executive Director	stuart@emanuelsynagogue.org	112
Judith T. Fox.....	Education Director	judyefox@emanuelsynagogue.org	122
Carolyn Topol.....	Rabbi's Assistant	carolyn@emanuelsynagogue.org	110
Jeffrey Rudolph.....	Admin. Assistant	jeff@emanuelsynagogue.org	116
Beth Polebaum.....	Librarian	library@emanuelsynagogue.org	124
Grae Sibelman.....	Family Educator	earlychildhood@emanuelsynagogue.org	

The Emanuel Synagogue is affiliated with The United Synagogue of Conservative Judaism.

NOTES FROM THE CANTOR — THE EMANUEL IS ALIVE...WITH THE SOUND OF MUSIC

by Hazzan Sanford Cohn

For the first time in many years, The Emanuel is hosting a Concert Series this year. What better way to bring people together and raise our spirits — not to mention a few bucks — than with a collection of highly acclaimed artists, bringing beautiful music to our synagogue!



Our first concert features soprano **Sarah Asmar** and tenor **Joshua Kohl** in a program of Operatic Favorites and Broadway Hits. Sarah, daughter of our member Linda Asmar, has appeared in dozens of roles and concerts since

earning her Master of Music degree from Boston University in 2004. She is currently appearing as Mabel in *The Pirates of Penzance* at Opera Idaho. Sarah's husband, Josh, is also a 2004 graduate of BU and has an equally impressive list of operatic and concert appearances, his most recent as Alfredo in *La Traviata* at the Nashville Opera. These young stars are considered to be two of the more promising up and coming talents in the world of opera today. In addition to some of the most popular arias and duets in the operatic repertoire, Josh and Sarah will treat us to songs from some of the most beloved gems of musical theater, including *Carousel* and *My Fair Lady*.

Be sure to take advantage of this golden opportunity for an evening of great music, **Saturday evening, November 5 at 8:00 p.m.** Tickets are available through the synagogue office and at the door.

The remaining two concerts of the series are equally exciting. On **Sunday afternoon, February 26, 2012**, we will enjoy a program of Classical Masterworks by pianist **Luiz deMoura Castro**. Then, on **Sunday evening, April 22**, we'll be treated to Rhythms from Around the World with **The Richie Barshay Trio**. A season ticket for the entire series is only \$60. Support your shul and enjoy fantastic music this year at your Emanuel.

SEE CONCERT SERIES FLYER ON PAGE 6...

Rabbi's Message, continued

only what is truly important. Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart.

Jobs goes on to describe his diagnosis of inoperable, terminal pancreatic cancer that was subsequently revised after a second biopsy to a treatable form of cancer. He is speaking to the students after having been told the treatment was successful.

I had the surgery and I'm fine now. This was the closest I've been to facing death, and I hope it's the closest I get for a few more decades. Having lived through it, I can now say this to you with a bit more certainty than when death was a useful but purely intellectual concept: No one wants to die. Even people who want to go to heaven don't want to die to get there. And yet death is the destination we all share. No one has ever escaped it. And that is as it should be, because Death is very likely the single best invention of

Life. It is Life's change agent. It clears out the old to make way for the new. Right now the new is you, but someday not too long from now, you will gradually become the old and be cleared away.

Jobs' words are particularly haunting as they were uttered just six years ago. He was more right than he realized. We truly do not know when we are going to die. But as Steve Jobs said so eloquently in 2005, and as our tradition urges us this day, let us live with meaning and a sense of urgency and importance in the choices we make.

Use this day to be the springboard for real change; follow today with action over time. Ask yourself these questions:

- What, in the circumstances of my life, needs to change? How do I need to live differently to bring this change about?
- What do the circle of people closest and dearest to me need from me that I am not now providing?
- What contributions to my syna-

gogue, my community, to the world, am I capable of giving, but I am not currently doing?

May the awareness that tomorrow may be the last day of our lives inspire us to make our days worth living. May we gain the strength and courage to live lives of consequence, of meaning and of blessing. As we rise to remember those who we hold dear in our hearts who are no longer living, let us learn from their good example to make our lives count.

President's Message, continued

even prouder. Marina exemplified what all parents feel and perhaps even a bit more — her heart was so filled with joy, joy in her son, and joy in being allowed to practice her religion, joy in chanting the Brachot and the Kiddush within our Sanctuary. This all reminded me how very fortunate I am to serve as the President of such a wonderful caring community/congregation...each of you too, should share in this pride.

Chanukah

On Friday, the Chanukah candles are lit before dark and before the Shabbat lights...

הדלקת נרות HADLAKAT NEIROT CANDLELIGHTING

ברוך אתה הי *Barukh atab Adonai*
אלהינו מלך העולם *Eloheinu melekh ba-olam*
אשר קדשנו במצוותיו *Asher kidsbanu b'mitzvotav*
וצננו *V'tzivanu*
להדליק נר של חנכה. *L'hadlik ner shel Hanukkah.*

Praised are You, Adonai,
Our God, Ruler of the universe,
Who made us holy through the commandments
and commanded us
to kindle the Hanukkah lights.

שעשה נסים SHEH'ASAH NISSIM לאבותינו LA'AVOTEINU THE ONE WHO DID MIRACLES FOR OUR ANCESTORS

ברוך אתה הי *Barukh atab Adonai*
אלהינו מלך העולם *Eloheinu melekh ba-olam,*
שעשה נסים לאבותינו *Sheb'asah nissim la'avoteinu*
בימים ההם *Ba-yamim ba-beim*
בזמן הזה. *Ba-z'man ha-zeh.*

Praised are You, Adonai,
Our God, Ruler of the universe.

שהחיינו SHEHEHEYANU WHO HAS GIVEN US LIFE (on the first night only:)

ברוך אתה הי *Barukh atab Adonai*
אלהינו מלך העולם *Eloheinu melekh ba-olam*
שהחיינו *shebeheyanu*
וקיימנו *v'ki-y'manu*
והגיענו *v'higiyanu*
לזמן הזה. *la-z'man ha-zeh.*

Praised are You, Adonai,
Our God, Ruler of the universe,
Who has given us life
and sustained us
and enabled us to reach
this season.

הנרות הללו HA-NEIROT HALLALU— THESE LIGHTS

הנרות הללו *Ha-neirot hallalu*
אנחנו מדליקין *Anahnu madlikin*
על הנסים *Al ha-nissim*
ועל הנפלאות *V'al ha-nifla-ot*
ועל התשועות *V'al ba-t'shu-ot*
ועל המלחמות *V'al ba-mil'ha-mot*
שעשית לאבותינו *Sbe'asita la-avoteinu*
בימים ההם *Ba-yamim ba-beim*
בזמן הזה *Ba-z'man ha-zeh*
על ידי כהניך הקדושים. *Al y'dei kobanekba ba-k'doshim.*
וכל-שמונת ימי חנכה *V'khol sh'monat y'mei Hanukkah*
הנרות הללו קדש הם *Ha-neirot hallalu kodesh heim,*
ואין לנו רשות *V'ein lanu r'shut*
להשתמש בהם *L'hishtameish ba-bem*
אלא לראותם בלבד, *Elah lirotam bilvad,*
כדי להודות ולהלל *K'dei l'bodot u-l'haleil*
לשמך הגדול *L'shimbka ba-gadol*
על נסיך ועל נפלאותיך *Al nisekba v'al nifl'otekba*
ועל ישועתך. *V'al y'shu-ah-tekbah.*



These lights
we kindle
(to recall) the miracles
and the wonders
and the deliverance
and the victories (battles)
that our ancestors accomplished
in those days
at this season
through the hands of Your holy priests.
And throughout all eight days of Hanukkah
these lights are sanctified
and we may not
use them
except to look upon them
in order to thank and praise
Your great name
for Your miracles and for Your wonders
and for Your deliverance.

Chanukah

On Saturday evening, the Chanukah candles follow Havdala, at home after dark.



מַעוֹז צוּר MAOZ TZUR—

ROCK OF AGES

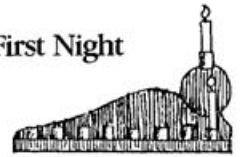
מַעוֹז צוּר יְשׁוּעָתִי	<i>Maoz tzur y'shu-ab-ti,</i>
לֵךְ נָאָה לְשַׁבָּח.	<i>L'kha na-eh l'shabei-ab.</i>
תִּכּוֹן בֵּית תְּפִלָּתִי	<i>Tikkon beit t'filati</i>
וְשֵׁם תּוֹדָה נִזְבַּח.	<i>V'sham todah n'zabei-ab.</i>
לַעֲת תִּכְיִן מַטְבֵּחַ	<i>L'eit takhin mat'bei-ab</i>
מִצָּר הַמִּנְבַּח.	<i>Mi-tzar ha-m'nabei'ab.</i>
אֲז אֶגְמֹר בְּשִׁיר מִזְמוֹר	<i>Az egmor b'sbir mizmor</i>
חֲנֻכַּת הַמְּזֻבָּח.	<i>Hanukkat ha-miz'bei-ab.</i>

Rock of Ages, let our song praise Your saving power.
 You amid the raging throng were our sheltering tower.
 Furious they assailed us, but Your help availed us.
 And Your word broke their sword when our own strength failed us.

**THE CANDLES:
 SET FROM RIGHT
 TO LEFT
 LIGHT FROM LEFT
 TO RIGHT**

**THE FIRST CANDLE
 THIS YEAR IS
 ON TUESDAY,
 DECEMBER 20TH**

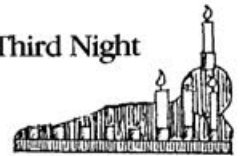
First Night



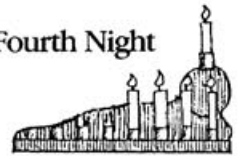
Second Night



Third Night



Fourth Night



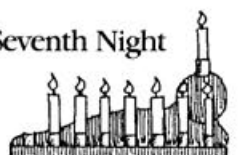
Fifth Night



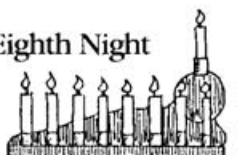
Sixth Night



Seventh Night



Eighth Night



EMANUEL CHANUKAH CARNIVAL

Co-sponsored by Emanuel Brotherhood and Sisterhood

Sunday, December 18, 2011 from 10:00 a.m.-12 noon

Preceded by Concert by Junior Choir at 9:30 a.m.

Silverman Auditorium, Emanuel Synagogue

Games, Booths, Giant Inflatable,
 Pinball, Fun, Prizes & Food

For children of all ages!
 Booth and food
 tickets available.

Net proceeds to benefit
 Emanuel Kadima and USY.





The Emanuel Synagogue
160 Mohegan Drive, West Hartford, CT 06117
2011-2012 Concert Series



**Saturday Evening, November 5, 2011
at 8:00 PM**

Operatic Favorites and Broadway Hits

Featuring
soprano **Sarah Asmar** and
tenor **Joshua Kohl**



Exciting young soprano Sarah Asmar has been hailed for "her crystalline soprano" by the *Minneapolis Star-Tribune*, while *The Daily Record* says, "she is headed for the leading opera houses."

Leading American tenor Joshua Kohl was called a "tenor to watch" by *The Boston Herald* and was recently singled out for his "glorious, relaxed performance" by *Opera News*.



**Sunday Afternoon,
February 26, 2012 at 3:00 PM**

Classical Masterworks by
Pianist **Luiz deMoura Castro**

The French critic Pierre Challier has said of his performance in the Spanish Pyrenees: "When Luiz de Moura Castro plays Villa-Lobos, a perfect concert is played... it is superb." He has released CDs for the Euterpe, Ensayo, and L'Art labels.

**Sunday Evening,
April 22, 2012 at 7:30 PM**
Rhythms from Around the World with
The Richie Barshay Trio



Percussionist Richie Barshay, most noted for his work with the Herbie Hancock Quartet, has established himself as a prominent musical voice of his generation and is regarded as "a player to watch" by *JazzTimes* magazine. In addition to many groups and stars on the music scene, Richie has collaborated extensively with the tradition exploding ensemble, The Klezmatiks.

Plan to be a part of these wonderful events!

To order tickets please call 860-236-1275

Series price \$60.00

Individual tickets at the door \$25.00

Payable by check, cash or credit card (MC or Visa)

EMANUEL SYNAGOGUE DONATION FORM

PLEASE PRINT CLEARLY AND RETURN TO 160 MOHEGAN DRIVE, WEST HARTFORD, CT 06117

Name of Fund _____ Amount _____

In Memory of _____

In Honor of _____

Other _____

Sent to: (name and address) _____

From: (your name and address) _____

SPECIAL FUNDS

- | | | |
|---|---|--|
| <input type="checkbox"/> Adult Education Fund | <input type="checkbox"/> Friday Night Fund | <input type="checkbox"/> Scholarship Fund |
| <input type="checkbox"/> Art Fund | <input type="checkbox"/> General Fund | <input type="checkbox"/> Sharon Barshay Music Fund |
| <input type="checkbox"/> Bein Scholar-in-Residence Fund | <input type="checkbox"/> Library Fund | <input type="checkbox"/> Siegal Garden Fund |
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| <input type="checkbox"/> Cantor Cohn's Discretionary Fund | <input type="checkbox"/> P.T.O. Fund | <input type="checkbox"/> Torat Hayim |
| <input type="checkbox"/> Director of Education's Disc. Fund | <input type="checkbox"/> Prayer Book Fund | <input type="checkbox"/> Youth Activity Fund |
| <input type="checkbox"/> Endowment Fund | <input type="checkbox"/> Rabbi Small's Disc. Fund | |
| <input type="checkbox"/> Executive Director's Disc. Fund | <input type="checkbox"/> Ritual Director's Disc. Fund | |
| <input type="checkbox"/> Flower Fund | | |

TIME TO ORDER GIFT CARDS FOR CHANUKAH AND WINTER HOLIDAYS!

They make a perfect gift for your child's teachers, for family members and friends — and no problems with sizes or returns! In addition to a number of cards that we carry for grocery stores and book stores, Great Lakes has hundreds of other choices. You can look on their website: www.glscrip.com, and then give us your order. We will be happy to get them for you — and the synagogue makes money so everyone wins!

Some of the great choices include (along with percentage the synagogue receives):

- | | |
|------------------------------------|--------------------------------|
| Amazon – 4% | Build a Bear – 8% |
| American Eagle – 10% | Crate & Barrel – 8% |
| Banana Republic – 9% | CVS – 6% |
| Barnes and Noble – 9% | Eddie Bauer – 10% |
| Bath and Body Works – 13% | Foot Locker – 9% |
| Bed, Bath & Beyond – 7% | Home Depot – 4% |
| Bloomingdales – 12% | Lands End – 16% |
| Borders – 9% | L.L. Bean – 17% |
| Brooks Brothers – 16% | Lord & Taylor – 8% |



- Lowes – 4%**
- Macys – 10%**
- Marshalls – 7%**
- Staples – 5%**

These are just a few of the available gift cards. Please look for restaurants that are also available. Let the office know what you would like. Turn around on orders takes about 10 days and can be paid by check (we get the full percentage) or by credit card when the order is placed. To avoid a last minute rush, please try to place orders by the end of the first week in December. We, of course will take orders before and after that.

Community of CARING / Chesed

EMANUEL'S NOVEMBER/DECEMBER B'NAI MITZVAH



Giselle Celia Epstein, daughter of David Epstein and Sari Friedman, will become a Bat Mitzvah on November 5, 2011.



Jodi Lynne Teitelman, daughter of Robert Teitelman and Reesa Olins, will become a Bat Mitzvah on November 19, 2011.



Alexandra Abels, daughter of Jonathan and Karen Abels, will become a Bat Mitzvah on November 26, 2011.



Nathaniel Pinkes, son of Andrew and Suzanne Pinkes, will become a Bar Mitzvah on December 3, 2011.

BRING YOUR FRIENDS TO THE EMANUEL

INVITE YOUR UNAFFILIATED FRIENDS TO MEET US AND EXPERIENCE THE EMANUEL COMMUNITY. FOR THE COST OF HIGH HOLIDAY TICKETS (AND SCHOOL FEES IF APPLICABLE) THEY CAN BE MEMBERS FOR A YEAR. IF THEY TRY US, WE THINK THEY WILL STAY.

HERE IS WHAT WE OFFER:

- DIVERSE COMMUNITY
- FABULOUS RELIGIOUS SCHOOL
- SINGING TOGETHER IN SERVICES
- COMMITMENT TO SOCIAL JUSTICE
- EGALITARIAN DAILY MINYAN
- APPROACHABLE CLERGY
 - AFFORDABLE DUES

PLEASE CONTACT:

MONICA GOLD,
MEMBERSHIP CHAIR,
(860) 231-8511
MONICAANDLEE@MAC.COM

FRANCENE WEINGAST,
CONNECTIONS COORDINATOR,
(860) 523-7778,
FRANIWG@COMCAST.NET

STUART LEVY,
EXECUTIVE DIRECTOR,
(860) 236-1275, STUART@
EMANUELSYNAGOGUE.ORG

NEHAMA CONDOLENCES TO THE FAMILIES OF...

Myrna Chernock, mother of Donna Cohen
Norman Cohen, husband of Sylvia Cohen
Emil Ellenberg
Dorothy Gold, sister-in-law of Gladys Mondschein
Shirley Kaplan
Lillian Levine
Herbert Margolis, husband of Alice Margolis
Jacob Merkin, husband of Joyce Merkin
Rosalie Smith, wife of Jay D. Smith
Barry Weinberger, brother of Joyce Flescher
Harris Weingold, husband of Ellen Weingold

THANK YOU TO JANET & STEVE
SELDEN FOR SPONSORING THE
BEAUTIFUL FLOWERS AT
ROSH HASHANAH.



A SPECIAL THANK YOU TO
DR. ELEANOR HENKEN FOR
SPONSORING THE BREAK FAST AT
THE END OF YOM KIPPUR.

Community of ACTION / Tikkun Olam תיקון עולם

B'YADEYNU COMMITTEE ALERT...

EIGHTH ANNUAL CHANUKAH DRIVE FOR JEWISH SOLDIERS OVERSEAS

Please be sure that food items are kosher with hechsher (kosher certification). Please do NOT send liquids as we can't send them through the mail (i.e., no shampoo or juices boxes).

Here are a few examples of what we've sent in the past:

- Shabbat and Yahrzeit candles (in tin, no glass)
- Kosher matzah ball soup mix, latke mix
- Chanukah candles, tin menorahs, foil wrapped chocolate gelt, dreidels
- Packets of fruits, nuts, snacks, hot and cold drink mixes, hot cereal mixes, protein bars, granola bars, cookies and snacks in individual bags
- Lip gloss, chapstick, wet naps, packages of Kleenex
- Books, new magazines, DVDs on Jewish topics/history
- Cards/notes and scenic posters are considered huge morale boosters! Cards written by children are especially appreciated!

Please bring items to the synagogue office by Friday, November 11th. Call Risa at (860) 236-8889 or Janet at (860) 278-4596 if you have any questions.

EMANUEL COMMUNITY PASSOVER SEDER?

WOULD YOU BE INTERESTED
IN SUPPORTING OR
ATTENDING A COMMUNITY
SEDER AT EMANUEL? EMAIL
OR PHONE LINDA ASMAR AT
LINDA_ASMAR@YAHOO.COM
OR (860) 658-1681

The Emanuel Synagogue B'Yadeynu Committee

Annual Lillian Harris



Thanksgiving Turkey Drive

Date: Monday, Nov. 21, 2010

Time: 7:00 a.m. - 6:00 p.m.

Place: Joyce Kessler's home

11 Seminole Circle, West Hartford
(food may be left near Joyce's garage)

Please drop off frozen turkeys and nonperishable food items between 7:00 am and 6:00 pm at the above address. Please include traditional Thanksgiving food (i.e., stuffing mix, cranberry sauce) as well as healthy food choices (i.e., tuna, peanut butter, cereals).

The food will be donated to local food pantries.

If you wish to make a monetary contribution please write a check to the Emanuel and write "kosher food pantry" in the memo line. The money collected will help pay for kosher turkeys for Jewish families in need.

Sponsored by B'Yadeynu of The Emanuel Synagogue

Co-Chairs: Risa Davidson @236-8889 and Janet Wallans @860-278-4596

ARE YOU RECEIVING OUR WEEKLY TUESDAY EMAIL THAT
LISTS ALL THE GOINGS-ON AT THE EMANUEL AND MANY
COMMUNITY EVENTS AS WELL? IT COMES WITH VARYING
SUBJECT LINES TO REFLECT THE EVENTS OF THE
COMING WEEK.

IF YOU ARE NOT RECEIVING THIS, CONTACT
CAROLYN@EMANUELSYNAGOGUE.ORG OR (860) 236-1275.



WHEN: Sunday, December 4, 2011
at 2:00 pm

WHERE:
The Emanuel Synagogue
160 Mohegan Drive
West Hartford, CT 06117
860-236-1275
www.emanuelsynagogue.org

WHAT: A latke is a potato pancake traditionally served on the Jewish holiday of Chanukah.
A "Throw Down" is a term coined by the Food Network to indicate a cooking contest.

The CT Latke Throw Down Cook-Off will feature a select number of outstanding chefs from the state who will showcase their culinary skills before hundreds of attendees and celebrity judges as they each put their creative spin on the potato pancake. During the event, the chefs will each do a cooking demonstration of their featured latkes and provide small portions for sampling and judging.

Comedienne Linda Belt will MC the event.
We will also feature a vendor marketplace with auction and raffle items.

WHO:

Chefs:

Jimmy Kennedy, Cabot Cheese
(demonstrating, not competing)
Meredith Abel, Abel Catering
Stan Shostak, The Crown Market
Paul Bettan, Joy of Food Catering
Tony Dal Zovo, The Emanuel Synagogue

Judges:

Maryellen Fillo, Hartford Courant Java Column and Food Writer
Wendy Waxman, Design Director at Food Network
Audra Weisel, Pastry Chef
Adam Greenberg, Executive Chef Barcelona Restaurant, WH

TICKETS:

Reservations can be made by sending a check to The Emanuel Synagogue, 160 Mohegan Drive, West Hartford, 06117. Please include your email address and/or phone number so that we may confirm your reservation. For information, call 860-236-1275 or visit www.emanuelsynagogue.org.

The number of guests is limited to 300 adults.

COST:

General Admission \$10.00/person in advance
\$18.00 at the door.
Children under 12 free.
\$25.00 family cap with advance reservation.

SPONSORSHIP:

Hot Potato Sponsor \$50.00 includes admission for two.
Crispy Latke Sponsor \$100.00 includes admission for four.

PLEASE BRING A NON-PERISHABLE FOOD ITEM TO HELP FEED THE HUNGRY

MAZAL TOV! CONGRATULATIONS TO...

Jonathan & Karen Abels on their daughter, Alexandra, becoming a Bat Mitzvah

Marina Azimova on the Bar Mitzvah of her son, Joseph Kerimov

Seymour & Marilyn Benson on the birth of a great-grandchild

Alan & Risa Davison on the marriage of their daughter, Breanne Davidson to
Gregg Schwartz

David Epstein & Sari Friedman on their daughter, Giselle, becoming a Bat Mitzvah

David & Rochelle Fierston on their 50th anniversary

Dan & Joni Fine on their 45th wedding anniversary

Arlene Kaizer on the birth of her twin grandchildren, Avi & Rachel Grishman

Richard & Maxine Kates on their grandson, Matthew Walden, becoming a Bar Mitzvah

Michael Krinsky on becoming President of the Connecticut State Medical Society

Richard & Doris Nabel on the birth of their grandson, Madan Nabel

Alvin & Sandra Parven on their grandson, Sam, becoming a Bar Mitzvah

Andrew & Suzanne Pinkes on their son, Nathaniel, becoming a Bar Mitzvah

Joshua Rubock on beginning his Master's degree in Israel

Herbert & Judy Silver on their 45th anniversary

Judy Silver on her inspiring words and chanting of a Haftarah

Gabrielle Small on her move to Israel

Robert Teitelman & Reesa Olins on their daughter, Jodi, becoming a Bat Mitzvah



MINYONAIRE BREAKFAST SPONSORS

Gloria Bein, in memory of her father, on his Yahrzeit

Bruce Bergman, in memory of his mother, Lillian Bergman

Jack & Lisa Edwards, in honor of their daughter, Nina, becoming a Bat Mitzvah

Robert Epstein, in honor of his son, Jordan Epstein, becoming a Bar Mitzvah

Stuart & Sharon Furman, in honor of their daughter, Elizabeth, becoming a Bat
Mitzvah

Richard Goldberg, in memory of his father, Murray

Lillian Hochman, in memory of her husband, William, on his Yahrzeit

Arlene Kaizer, in memory of her mother, Ethel Perer, on her Yahrzeit

Andrew Magin, in memory of his father, Isadore, at the end of his period of
mourning

Beatrice Mitlak, in memory of her husband, Arthur, on his Yahrzeit

Renee Neikrie, in memory of her father, Irving Gordon and in memory of her
sister, Florence Lavin

Jeffrey Renert, in memory of his father, Robert Renert, on his Yahrzeit

Howard & Ellen Rosenberg, in honor of their son, Jacob, becoming a Bar Mitzvah

Sylvia Rosenfeld, in memory of her father, Phineas Spillane, on his Yahrzeit

Howard Scheinblum, in memory of Judith Scheinblum, on her Yahrzeit

Gary Schulman & Jessica Rubin, in honor of their son, Noah, becoming a Bar
Mitzvah

Scott & Lesli Schwartz, in honor of their daughter, Brittany, becoming a Bat
Mitzvah

Scott & Rebecca Selig, in honor their daughter, Abby, becoming a Bat Mitzvah

Gary & Robin Sillman, in honor of their daughter, Jessica, becoming a Bat Mitzvah

Dr. Gerald Silverman, in memory of his father, Isadore, on his Yahrzeit

Richie Simons, in honor of wishing a happy, healthy New Year to all

Molly Wein, in memory of her brother, Paul Perlmutter

Helen Weisel, in memory of her mother, Ethel Hersh, on her Yahrzeit

HIGH HOLIDAY SERVICE LEADERS

**THE SERVICE LEADERS ON
THE BIMAH ON YAMIM
NORAIM ARE VISIBLE TO
ALL. BUT IN OTHER ROOMS
OF THE EMANUEL, THERE
ARE LEADERS CONDUCTING
MANY SERVICES.**

**WE WISH TO THANK ALL
OF OUR SERVICE LEADERS
AS WELL AS EVERYONE WHO
TOOK PART IN MAKING
YAMIM NORAIM 5771
SPECIAL AND MEANINGFUL.
YISHAR KOACH TO THOSE
WHO LED SERVICES IN THE
CHAPEL AND AROUND THE
EMANUEL!**

**RABBI PHILIP LAZOWSKI
MOSHE PINCHOVER
ANNA ELFENBAUM
GAIL MACKEY
DEBORAH MEHLMAN
HARRISON SHAPIRO
GRAE SIBELMAN
SUSAN WOLPOE**

FRIDAY NIGHT SERVICES... THEY ARE WORTH THE TIME!

by Lori Gottlieb

It happens almost every week. I plan it down to the minute, like a military maneuver, and it invariably blows up in my face. One child doesn't want to come in from playing. One is tired and won't get off the couch. Neither really wants to eat dinner at 5:00. She starts annoying him; taunts are exchanged. Someone chases the cat. I feel my blood pressure rising along with the noise level, and wonder once again why I thought it was worth dragging my children to Friday night services.

Sometimes on the way there we open the car windows to let our bad feelings escape. Sometimes we sit in silence, bearing grudges against each other and against the world.

When we arrive I make a beeline for the chapel. It feels calm in there and I enjoy those few moments — the peace, the adult banter, the Shabbat wishes. The rabbi enters and greets us each personally. My children wait outside until the last possible moment.

By the time Mincha starts, we're all feeling a little contrite and a lot more tolerant. They sit on either side of me and join in dutifully.

It's the Kabbalat service that draws us in. From the first notes of "Yedid Nefesh," my kids edge closer to me, and I feel the stress not just of the last hour but of the last week melt away. We sing: loudly, happily and without necessarily knowing all the words. We look around and exchange smiles with the friends we've made here. And I know that it was worth the effort, just like it always is.

We began going to Friday night services during my eleven months of saying Kaddish for my mother, *aleha hashalom*. At the end of that interval it felt natural to continue. I don't know how many times you have to go before you feel that it's the place you belong on Friday nights. I only know it happened for me when I wasn't looking.

Until a few months ago — circa the onset of tweendom — my daughter used to dance during the Kabbalat

service. I could see that the music moved her, and one Friday night she began to dance in the aisle. I remember looking up at the rabbi, nervously, unfamiliar with Shabbat protocol; he nodded and smiled his approval. And far from being the nuisance or distraction that I'd feared, I saw her joy reflected in other people's faces as they watched her twirl and leap. The rabbi once told me that her dancing helped lift up our prayers to God.

I have found Friday night services at our synagogue to have a welcoming, inclusive, kid-friendly vibe. Some people dress to the nines and some wear flip flops. There are old hands who daven by heart and newbies who ask the pages twice. There are no judgments about why you weren't there last week or last month. If you are saying Kaddish you have the congregation's respect and support. We still laugh about the time a toddler babbled loudly throughout the service and, at the end, the rabbi thanked him for back-up vocals.

The monthly Ruach Shabbat services are the most relaxed and — judging by my children — the most engaging. They usually take place outside of the chapel. The cantor accompanies the Kabbalat portion on his guitar and it's a lovely, lively atmosphere. Dancing and shaky eggs are welcome. You really don't need to know the words to join in — "Yi di di" works — but if you'd like to pick them up more quickly, I'm guessing the cantor would be willing to record some of the service if asked.

Recently, in our home, life has intruded more than I'd like: back-to-school exhaustion, basement floods and weekend trips. And it's felt like something has been missing from our week. This is a moment for me to renew my resolve to get us to synagogue on Friday nights. I know how hard it is. But I also know that it is well worth the effort.

I hope to see you there.

Will this be the year to
Leave Your Jewish Legacy?



Do you have a will? Have you considered a bequest to any local Jewish causes? Join the hundreds of members of our Jewish community who have come together to build endowments and legacies to secure a bright Jewish future.

Contact Stuart Levy, Executive Director, today at (860) 236-1275 or stuart@emanuelsynagogue.org, or Jeffrey Renert at JRPaper@aol.com, or visit www.emanuelsynagogue.org.



IF THE WALLS COULD SPEAK

by Chas. Baltin

(Included in the D'var Torah read by Gloria Bein on Saturday, July 2, 2011)

If the walls of my Emanuel
The art of speech could master
And were able to communicate
Through paneling and plaster,
What a story they could tell us,
And how much might we yet glean
From the drama they have
witnessed
On the Synagogue scene!

If the walls of my Emanuel
Could their inner soul express,
They might tell us of the moments
Filled with joy and happiness.
Of the pride within a father's breast
The morning that he came
To stand before the Torah
As he gave his child a name,
Of the "nochos" and the pleasure
And the mazel and hatzlacha
As the young Bar Mitzvah bucher
Chanted each Haftorah brache.

Of the happy machetunnim
Sitting proudly side by side
When the groom was oifgeruffin
Before marrying the bride.
And of the countless other simchas
Many things could they relate
For in our Schul kayn eyn-a hurra
Members often celebrate.

If the walls of my Emanuel
Could their deepest thoughts de-
clare,
They'd recall, perhaps quite tearfully,
Our moments of despair.
For they've heard the sound of
T'hillim
Read with earnestness and will.
Asking a Refuah Shlamah
For a loved one who is ill.
And never from their memory
Could these walls ever wash
The sobbing of an orphan's
Yisgadal, V'yiskadosh.
Nor the holy words of Kaddish
On a thousand Yahrtsaits here
Or the Yiskors we've recited
On our holidays each year.

These walls much feel a tinge of
pride,
Because we carried on
To venerate the memories
Of loved ones who are gone.

If the walls of my Emanuel
Could define their sentiments,
They would certainly remember
Many moments and events.
Days of reverence and penitence
And great solemnity,
The hush of quiet as the Chazan
Sang the Hineni.
One wonders if they've counted
Or could possibly relate
How often hearts were pounded
On Yom Kippur for Al Chayt.
These walls have heard innumerable
Zmiros and Tfilas,
And resounded to Hakafos,
To Mishnayos and Megilahs.
For they've witnessed every action
And absorbed a million prayers,
Sharing moments filled with ecstasy
And others filled with cares.

If the walls of my Emanuel
Could express themselves today,
I find myself imagining
That this is what they'd say:
"Our Schul is very beautiful, but
It's not enough to have a Schul
Equipped with lovely pews;
What the Emanuel needs the most
Is dedicated Jews.
Whose faith is deep and passionate,
Who realize that the price
Of spiritual happiness
Is worth the sacrifice."

I hope this message from these walls
Will captivate each heart,
And help us all to realize
That we must do our part.
Let's show our predecessors
That their work was not in vain.
And I'm sure they'll say in heaven
God Bless you all. Amen.

WELCOME NEW MEMBERS!

MARINA AZIMOVA AND JOSEPH
KERIMOV, WEST HARTFORD

TANYA AND PAUL FILSTEIN,
DAVID & TALI, AVON

CRISTINA AND STEPHEN
FRENKEL, WEST HARTFORD

ELIZABETH GARNER, WEST
HARTFORD

MARCIA AND NORM GINSBURG,
WEST HARTFORD

OFFER HAREL AND GRAE
SIBELMAN, RAVIV & MA'AYON,
WEST HARTFORD

JOYCE AND MARTIN LIBBIN,
WEST HARTFORD

BELLA AND ALEX MEDVEDOVSKI,
DANIELLA, MATTHEW & DAVID,
FARMINGTON

MARCIA MIZRAHI, WEST
HARTFORD

SANDRA AND MARC NEEDLEMAN,
BLOOMFIELD

MARICA AND IRA NOZICK, WEST
HARTFORD

DEBORAH AND KEVIN
O'CONNELL, SHELBY, AUSTIN, &
HANNAH, WEST HARTFORD

CONNIE AND HENRY SMILOWITZ,
WEST HARTFORD

EVELYN AND RICHARD SIMONS,
WEST HARTFORD

MALI AND PHILIP WEINER,
WEST HARTFORD



SCHOOL NEWS

by Judith T. Fox, Director of Education

Religious school has gotten off to a great start. We've recovered from the late summer flooding and everyone loves their newly refurbished classrooms. We thank Gail Mackey, Grae Sibelman, Deborah Mehlman, Anna Elfenbaum, Susan Wolpoe, and Harrison Shapiro for the wonderful job they did leading our various children's and Youth services.

We introduce several new programs in the next months:

- On November 12, 2011, we will hold a special **Shabbat morning family program**.
- **Family-Friendly Havdallah** – For December, January and February, when Shabbat ends early, we will hold family friendly services for Mincha and Maariv, followed by Havdallah, socializing and a snack.
- **For Preschoolers and their families: Challahpalooza!** – On the first Shabbat of each month, an interactive Shabbat playtime for Preschoolers featuring songs, stories and Shabbat games in our new Early Childhood Center with Grae Sibelman
- **Bagels, Building Blocks and Beyond** – Holiday family programming for preschoolers and their parents.

**DO YOU KNOW YOU CAN OPEN
AN ENDOWMENT FUND
FOR AS LITTLE AS \$1,000?
FOR MORE INFORMATION,
PLEASE CONTACT EXECUTIVE
DIRECTOR STUART LEVY
AT (860) 236-1275 OR
STUART@EMANUEL
SYNAGOGUE.ORG.**

PLEASE JOIN US...

Family Services in November/December:

Kahal will meet in the Chapel at 10:30 a.m. with Anna Elfenbaum:

November 5, 12 and 19 and December 3, 10 and 17

December 10 (Saturday) at 4:15 p.m. – Family Friendly Havdallah

Join us for a family Friendly Mincha and Maariv service followed by Havdallah. All grades will lead parts of the service.

November 5 and December 3 at 10:45 a.m. – Challahpalooza!

An interactive Shabbat playtime for Preschoolers featuring songs, stories and Shabbat games – Seminar Room with Grae Sibelman

Family Programs in November/December:

November 12 – 10:00 a.m.-12:00 – Grade 3-5 Families

Shabbat. Join us for parent-child activities in the Activity Room at 10:00 a.m. followed by a family service in the Chapel at 10:30 a.m.

December 12 – 9:30-10:45 a.m. – Preschool

Bagels, Building Blocks, and Beyond – Chanukah program for preschoolers and their parents.

December 18 – 10:00 a.m.-12:00 – All ages

Chanukah Carnival – Sponsored by Brotherhood and Sisterhood

PRIORITIZING PRE-SCHOOL PROGRAMMING

by Grae Sibelman, Family Educator

There is a new early childhood initiative underway. This initiative is being spearheaded by a group of engaged mothers of children ages birth through age 5. At the first Early Childhood Education Meeting, several ideas were generated and many decisions regarding the future direction of early childhood programming were made. By the end of the meeting there was a clear blueprint of things to be rolled out during the course of this academic year.

It is often the case that every cloud has a silver lining, and it turns out that the silver lining of our basement flooding, caused by Tropical Storm Lee, is the birth of our new Early Childhood Center. The room formerly known as the seminar room is going to be converted into a bright, cheery, and inviting parent and child early childhood

room. This room will be furnished with Jewish-themed toys and books, comfy chairs, and small work tables and chairs for pre-school aged children. There will also be a lovely carpet displaying the Hebrew alphabet, generously donated by Rabbi Small. We are seeking donations to help with the purchase of other items to make this a wonderful and warm family space which can be used both for our early childhood programs as well as a drop-in center for parents with young children during school hours and service times. There will be an open house for this space as soon as it is ready, and the whole community will be invited to come and celebrate.

We will also be revising our program offerings including changing
(continued next page)

Pre-School Programming, cont'd

some current program names, suspending some programs, and adding some new programs. Our program known as "First Shabbat," which met on the first Saturday of the month, and was meant to be a first Shabbat experience, with free play, circle-time, and an edible craft, will be re-named Challah-Palooza. Our Tot-Shabbat program, which met on the third Saturday of every month, is on hiatus until further notice. We will be working on a new format for this program. The program formerly known as Yad B'Yad, which was a "parent and me" holiday-based program that met periodically will be re-named Bagels, Blocks, and Beyond. It will meet around six times a year, focusing on Jewish Holidays and Shabbat.

During the winter months, Family Friendly Fridays, will become Family Friendly Havdallah. This will give us an opportunity to add pre-school friendly programming around which we can build some additional social events such as dinner and open play in the Early Childhood Center. Additionally, the Emanuel Synagogue Young Families Group will continue to be a lay-run and informal friendship group that meets regularly for fun family-friendly programs and events that take place outside of the Emanuel Synagogue building.

See the box on page 16 for upcoming preschool programs.

OUT OF WORK? EMANUEL NETWORK CAN HELP

The Emanuel Job Club helps with interviewing techniques, resume writing etc. Participants come to discuss success and frustrations with their personal job search and offer support and encouragement to each other. Our facilitator, Cookie Melito, is free to meet on Tuesday mornings with participants. If you are interested, please contact Cookie at (860) 233-3062 or tonescookie@aol.com.

WHAT'S NEW IN THE LIBRARY...

by Beth Polebaum

The library now has a copy of Julie Orringer's sensational novel, *The Invisible Bridge*. It is the epic story of a Hungarian Jewish family's life during the 1930s and 1940s, including their travails during the Holocaust. The author engages her readers so skillfully in the lives of her characters that they become real. As I approached the end of the 600-page book, I was so invested in their lives and the outcome of their stories that I stayed up until the middle of the night to finish. The voice of the book is so transporting that I felt a part of the story, and I laughed and cried when the characters did.

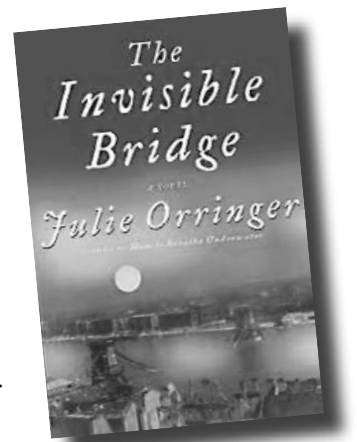
I admired the book so much that I read her first book, a collection of stories called *How to Breathe Underwater*. These memorable stories are true to the genre and are worth reading. Still, they cannot predict the depth and breadth of the story that unfolds in *The Invisible Bridge*, Ms. Orringer's debut novel.

The main characters are based on the writer's own family. It is apparent

that she also did extensive research to be able to place the reader fully in the places and contexts she describes. She will be speaking as part of the Jewish Book Festival on January 24, 2012. It should be fascinating to hear what she has to say about her approach to writing and the integration of family history in a work of fiction.

I would love to hear your opinions on other worthwhile books with Jewish content that we should be reading. Please email me at library@emanuelsynagogue.org with your suggestions and mini-reviews. I will compile a list and share them with the congregation in the next newsletter. I will even put out a plea for donations of copies of those books to so we can all benefit.

See you in the library!



WHEN YOU ARE MAKING A DONATION, PLEASE CONSIDER DONATING TO THE VIVIAN & ROBERT SPIVAK LIBRARY OF THE EMANUEL SYNAGOGUE. WE WOULD LOVE TO AUGMENT OUR CHILDREN'S COLLECTION WITH SOME OF THE OUTSTANDING BOOKS BEING PUBLISHED.

JUDAIC SHOP NEWS by Debbie Bettan

Now that Rosh Hashana and Yom Kippur are behind us it is time to put your honey and apple dishes away and bring out the menorahs. Looking for a new Menorah to add to your collection? Come by the Judaic Shop and see our Chanukah selection of Menorahs, Dreidels and Chanukah gift items. We are offering 25% off all Chanukah items from now until the end of Chanukah.

We are open every Sunday morning during Hebrew School hours. You can also call Lisa Tesser at (860) 232-1665, Debbie Bettan at (860) 231-1861 or Fay deHaas at (860) 233-3574 for an appointment to help you shop at your convenience. Also our wonderful office staff in the Synagogue office are willing to help you during regular office hours. Come see us soon!

News From The BROTHERHOOD

by Ken Malley

Calendar of Upcoming Brotherhood Events:

- November 8** 6:00 p.m. Brotherhood Cooking Class
- November 10** 6:30 p.m. Evening dinner with Cantor Cohn / Musical Entertainment featuring the music of Bob Dylan
- November 13** 9 a.m. Sunday Breakfast / Jeff Rudolph & Don Miller talking about their recent trip to Israel
- November 20** 12:30 p.m. Brunch with the "Keeper of the Flame" award presented by Don Miller, Regional President of the FJMC
- December 7** 6:30 p.m. Evening dinner with Rabbi Small
- December 18** Sunday Chanukah Carnival
- January 11** 6:30 p.m. Evening dinner with Rabbi Lazowski / Speaking about his experiences as a police chaplain
- February 5** **World Wide Wrap**
- February 19** 9:00 a.m. Sunday breakfast, Fernando Illescas, MD, Hartford Hospital speaking on "Current Trends in Radiology / Minimally Invasive Procedures"

Brotherhood Programming is subject to additions & changes. Watch the weekly "What's Happening at The Emanuel Synagogue..." email every Tuesday, check the synagogue website and watch for flyers in the mail for up-to-date information.

Brotherhood Catering Service

Some of our members are not aware that the Brotherhood, under the direction of master cook Saul Shemkovitz, prepares some of the finest food delights for Bar/Bat Mitzvah Kiddish spreads and many other occasions in the synagogue. Our kugel, egg salad and tuna salad are the most scrumptious tasting in West Hartford. This catering service is priced substantially less than any outside vendor and all proceeds benefit the synagogue. This is a win-win situation for everyone. For more information, send an email to Bob Tellar at rtellar@aol.com or call him at (860) 232-6598.

Are you a Brotherhood member?

If you are, we welcome you back for another great year! If not, please consider becoming one today. Have you become a new member of the Emanuel, within the last six months? If so, your first year of Brotherhood membership is free.

Emanuel Brotherhood Endowment Fund

Do you wish to memorialize a yearzeit? Is a special birthday or anniversary in your family? Is there a Bar/Bat Mitzvah to commemorate? Whatever the occasion, consider donating to the Emanuel Synagogue Brotherhood Endowment Fund. Contributions may be made to the Emanuel Brotherhood Endowment Fund for the future benefit of the Emanuel Synagogue and its members. All tax-deductible donations to this fund should be payable to the Emanuel Synagogue Brotherhood Endowment Fund.

For any Brotherhood Information: Bob Tellar (860) 232-6598 or rtellar@aol.com.

The following individuals are sponsors of the Sunday Breakfast with Jennifer Rizzotti. We have many people to thank. We had an amazing turnout and a great morning of basketball discussion!

- Steve Barshay** in honor of Bob Tellar becoming Brotherhood President
- Brian Becker** in honor of Cary Becker beginning Firefighter School
- Alan Berkowitz** in honor of son Ethan's first year of college
- Stu Bober** in honor of Bob Tellar
- Marshall Cohn** wishing everyone a Happy & Healthy New Year
- Sam Cohn** in honor of Gail Rappaport's and Susan Cohn's birthdays
- Suzanne & Myles Connell** in honor of Jen Rizzotti
- Al Fichman** in honor of father-in-law Harvey Levine's 80th birthday
- Ted Fox** in honor of the 40th birthday of son Trevor Fox
- Larry Froot** in honor of Elise Grass' return to good health
- Melvin Ginsberg** in honor of son Doug Ginsberg's family
- Len and Joan Glazier** in memory of those who died on 9/11/01
- Ebner Glooskin** in honor of wife Betty's good health
- Leonard Goldman** in honor of the birthday of Anne Goldman
- Marvin Janow** in honor of son Evan's engagement
- The Lentiru's** in honor of Jen Rizzotti's University of Hartford Basketball Team
- Tom Mastronardi** in honor of granddaughter Aleza's first day of preschool
- Steve Rabb** in honor of Jen Rizzotti
- Jeff Renert** in honor of Howard Smith's great job in getting the new parking lot finished
- Alan Rosenberg** in honor of his nephew Jake Rosenberg's Bar Mitzvah
- Martin Samuels** in honor of 38th wedding anniversary
- Walter Schatz** in honor of the 360 Signal Company, 13th Air Force
- Saul Shemkovitz** in honor of mother Etoile Shemkovitz's 79th birthday on 9/11
- Saul Shemkovitz** in honor of Bob Tellar becoming a great Brotherhood President
- Harvey Smith** in honor of Michael and Hannah Kaplan's 21st birthday
- Howard Smith** in honor of Tom Reich
- Jeremy Weingast** in honor of Marc Needelman
- Audrey and Marty Yanofsky** in honor of sons Mike and Jeremy both getting jobs
- Bill Zeldis** in honor of his 59th wedding anniversary
- Lastly, thank you to the unnamed sponsor whose handwriting we could not read!**

News From The SISTERHOOD

SISTERHOOD NEWS

by Lisa Tesser & Fay deHaas, Co-Presidents

Greetings from the Sisterhood! Now that the holidays have come and gone, our Membership Chairs, Lexy Davidoff and Hyla Sklar, are busy preparing for our upcoming Paid-Up Membership Dinner and Entertainment on Wednesday, November 9th, at 6:30 p.m. We hope to see many of you there, both new members and old members. This evening is a good opportunity to introduce new members to our sisterhood giving them an idea of what we are all about as we welcome them. Please wear comfortable footwear or socks as we will be doing some dancing during the evening.

In October, we started off the year with a spiritual drumming program in connection with Sukkot. For those that attended, this was an inspirational as well as enjoyable program. Thank you to Debbie Mehlman, our programming VP for organizing this event. We also had the chance to meet and greet our new synagogue members at the Rabbi's Sukkah. We thank the Rabbi and Debbie Chameides for hosting this event. **WELCOME TO ALL OF OUR NEW MEMBERS. WE ARE THRILLED TO HAVE YOU JOIN OUR EMANUEL FAMILY.**

In the upcoming months, Sisterhood has many events planned. We welcome your participation in the planning and attending of these events. December is our annual Chanukah Carnival with Brotherhood.

The proceeds go to support our youth organizations, USY and Kadima. It's a fun event for all who attend. Also come and visit the Sisterhood Gift Shop for your Chanukah gifts, menorahs, dreidels and candles. We have a beautiful selection to choose from. This March, we look forward to hosting a VASHTIP'S BANQUET, together with Beth Hillel, Beth El and B'Nai Tikvoh Sholom Sisterhoods. This event will be held on Tuesday, March 6th. The planning for this event will be held in these next few months so watch for announcements and join in on the fun.

We look forward to meeting new members and mingling with existing members at upcoming events. Please call Fay or myself with any questions or ideas you may have.

GERTRUDE K. CLARE SISTERHOOD SHABBAT BOOK REVIEW SCHEDULE 2011-2012

DATES	REVIEWER	BOOK	HOSTESS
December 3, 2011	Sharone Kornman	<i>Rasbi's Daughters Book I: Joheved</i> by Maggie Anton	Debbie Chameides 95 Mohawk Drive RSVP: Carolyn (860) 236-1275
March 3, 2011	Barbara Sperber	<i>The Great House</i> by Nicole Kraus	Randie Fierberg 52 Sheep Hill Dr. (860) 233-6082
April 21, 2011	Eleanor Goldman	<i>This Is Where I Leave You</i> by Jonathan Tropper	Sylvia Rosenfeld 20 Shipston Dr. (860) 232-0480
May 19, 2011	Maxine Kates	To Be Announced	Lotte Hershfield 130 West Ridge Dr. (860) 236-1890

Alternate Hostess: Alice Margolis, 20 Tanglewood Rd, West Hartford (860-232-7952)

All reviews are held on Saturdays at 2:00 p.m.

Please call your hostess at least a week in advance to make your reservation!

Book Review Chairperson: Gloria Bein (860-232-9860)

Book Review Corresponding Secretary: Cynthia Blayer (860-233-4702)

THE JEWISH MEDITATION GROUP AT THE EMANUEL

by Ori Clare

What is meditation? Rabbi Aryeh Kaplan (of blessed memory) says we can meditate to learn to focus and think in a controlled manner. In his words: “It’s deciding exactly how one wishes to direct the mind for a period of time and then doing it.” Meditation — thought directed by will — helps us turn off all of the extraneous “noise” or “chatter” in our heads so that we may experience moments of connection with Adonai. It is in these moments when we allow ourselves to find the answers — to anything from the questions or issues which we face in our day-to-day lives, to helping us understand life’s “Great Truths” — all from within. Like sculptors releasing or uncovering the objects which lay within the raw materials of their media, our task is to reveal or uncover that true essence of being which Adonai has already placed within us.

What is the difference between meditation and prayer? I see meditation and prayer as complimentary partners, bound together in a process which first helps us turn on our “two-way radio” and tune it in to the frequency at which we can then communicate with Adonai through our prayers. And just as we use different prayers at different times and for different reasons, so it is with meditation.

What kinds of meditation are there? There are as many different kinds of meditation as there are spiritual and religious denominations — and simply “thinking” individuals — that have ever existed, or exist today. In general terms, there are three main types, characterized as 1) MANTRA or CONTEMPLATIVE meditation (which uses a fixed structure and whose focal object is external to the individual meditator), 2) COGNITIVE or EMOTIONAL meditation (where the focus is inward, upon thoughts, feelings, mental images or verbalizations that arise spontaneously), and 3) meditation where one creates a stillness of mind and withdraws from all sensory perception until a state of “nothingness” exists for the meditator.

What is Jewish meditation?

There is evidence that Judaism has had meditative practices that go back thousands of years. For instance, in the Torah, our patriarch Isaac is described as going “lasuach” in the field — a term understood by all commentators as some type of meditative practice (Genesis 24:63). Similarly, there are indications throughout our Tanach (the Hebrew Bible) that meditation was used by the prophets. The Jewish mystical tradition, Kabbalah, is inherently a meditative field of study. For the Kabbalists, the ideal illumination is achieved when the insights of mystical revelation are brought into conceptual structures.

What kinds of Jewish meditation are there? Classic methods include the mental visualization of the supernal realms the soul navigates through to achieve certain ends. One of the most well known types of meditation in early Jewish mysticism was the work of the Merkabah, from the root / R-K-B / meaning “chariot” (of Adonai). In modern Jewish practice, one of the best known meditative practices is called “hitbodedut”, and is explained in Kabbalistic, Chasidic, and Mussar writings, especially the Chasidic method of Rabbi Nachman of Breslav. The word derives from the Hebrew word “boded,” meaning the state of being alone. Another Chasidic system is the Chabad method of “hisbonenus,” related to the Sephirah of “Binah,” Hebrew for understanding. This practice is the analytical, reflective process of making one’s self understand a mystical concept, one that follows and internalizes its study in Chasidic writings. (I have lots of reference materials available upon request about the Jewish meditative luminaries, the various historical schools of Jewish meditative thought, prominent Jewish writers and sages who have commented on meditation, and so forth. Wikipedia also contains a wealth of information — perhaps surprisingly so — on Jewish meditation.)

What kinds if Jewish meditation does the Emanuel Meditation

Group do? We first engage the Body thru a mindful breathing exercise. We do not do yoga or any physical exercises, and are careful to ask participants to not do anything that creates any discomfort for them. Then we engage the Mind through a brief presentation or dialogue about a Jewish learning — the focus could be on the week’s parsha (Torah portion) or a prayer from our liturgy, or something topical like the commemoration of 9/11 and how we may use meditation to address internal struggles we may have from such events. Finally, we engage the Spirit, using a combination of the types of meditation described above, with a mantra or gerushin (in Hebrew, as Rabbi Rami Shapiro refers to it) based on our mindful learning. And we do all of this in 45 minutes!

Who leads the Emanuel Meditation Group? I do. I am Ori Clare, a lifelong member of the Emanuel, a student of Judaism, and a meditator for many years. The essence of my personal vision for the Emanuel Meditation Group can be distilled down to one of seeking and sharing harmonious peace — within myself, with other beings, and with Adonai. My intention is to act — and guide others to act — in mindful ways to help heal the natural world, to improve the ways we treat all beings (with respect, dignity, kindness, compassion and love).

What else would it be helpful to know about the Emanuel Meditation Group? Our meditation group at the Emanuel Synagogue is open to the public. No prior meditation experience or registration is necessary. There is no cost to attend but a \$5 donation at class time is suggested (of which 100% goes to the Emanuel). We begin at 9:15 a.m. and end promptly at 10:00 a.m. It’s a great way to begin your day and your week! Summaries of previous meditations are available upon request and you can also find them online at the Emanuel Meditation Group’s Facebook page.

How does one find out more about the Emanuel Meditation Group? You can Facebook, email or call me (Ori Clare) with any questions: ori@epllc.org / (860) 833-9671.

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THE MINYONAIRES, with my gratitude for their kindness

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All my Aliyah honors

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MOSHE PINCHOVER for support of our daughter,

BRITTANY SCHWARTZ, in preparation for her Bat

Mitzvah

by Lesli & Scott Schwartz

MOSHE PINCHOVER for his has taught and comfort

afforded me

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MOSHE PINCHOVER for helping prepare our son,

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RABBI SMALL for a meaningful & poignant service in

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RABBI SMALL for his visit

by Muriel Poriss

RABBI SMALL for all his kind words when officiating

at our granddaughter, LILA SERENITY's baby naming

by Sue & Bruce Bergman

RABBI SMALL for his friendship

by Leatrice Etelis

RABBI SMALL

by Tara & Daniel Rothstein

RABBI SMALL

by Tina & Rick Dinitz

RABBI SMALL for his support & comfort in my time

of need

by Joyce E. Merkin

RABBI SMALL for his support & kindness

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RABBI SMALL for his compassion

by Sandy & Al Parven

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RABBI SMALL for support of our daughter, BRITTA-

NY SCHWARTZ, in preparation for her Bat Mitzvah

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RABBI SMALL for his kindness and guidance

by Lynn Margolis Dobb and Family

RABBI SMALL for all his assistance and wisdom

by Joyce Flescher

RABBI SMALL for helping prepare our son, JAKE

ROSENBERG, for his Bar Mitzvah

by Ellen & Howard Rosenberg

RABBI SMALL for supporting Amelia following her

long journey

by Elysa & Peter Graber-Lipperman

RABBI SMALL

by Jonathan Goodman

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Beloved mother, FANNIE K. TUCKER

by Robert P. Tucker

Beloved aunt, ALICE TUCKER

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Beloved wife, BARBARA W. GOLDBERG
by Robert P. Tucker
Beloved brother, DAVID J. TUCKER
by Robert P. Tucker
Beloved sister, THELMA E. COOPER
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by Robert & Emmy Amundsen
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DENISE ORDER for all her assistance on the occasion
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by Sue & Bruce Bergman

In Memory of:
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In Appreciation of:
THE BROTHERHOOD for the great Kiddush they
catered for our granddaughter, LILA SERENITY's baby
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by Jan & Syd Elkin
GLORIA BEIN chanting her 180th Haftarah
by Jan & Syd Elkin
DORIS & DICK NABEL on the birth of their grand-
son, MADAN NABEL
by Jan & Syd Elkin
JONI & DAN FINE on their 45th anniversary
by Jan & Syd Elkin

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RANDIE FIERBERG for support of our daughter,
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by Joni & Dan Fine

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by Joni & Dan Fine

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ABIGAIL SELIG becoming a Bat Mitzah
by Arlene Kaizer

KAIZER FAMILY FUND

In Appreciation of:
JERRY KAIZER's skill and wonderful timely work
by Sam Goodman
In Honor of:
ARLENE KAIZER on the birth of her twin grandchil-
dren, AVI & RACHEL GRISHMAN
by Debbie & Peter Mehlman
by Carolyn & David Topol
by Judy & Fred Fox
by Susan & Paul Goldberg
by Joanne & Saul Pasternack
by Francene & Jeremy Weingast
by Judy & Hal Mooney
by Merle & David Harris
ARLENE KAIZER on the birth of her grandson, MAX
KAIZER
by Judy & Hal Mooney
In Memory of:
HARRIS WEINGOLD
by Arlene Kaizer
THELMA SHAPIRO
by Judy & Hal Mooney

MELVIN & EDITH KATZMAN FUND

In Honor of:
LEO NOVARR on his 90th birthday
by Edith & Mel Katzman

ARTHUR & BEATRICE KORET FUND

In Memory of:
ANNE TEICHER
by Pearl T. & Louis Manne

MICHAEL & MARCIA KRINSKY FUND

In Honor of:
DR. MICHAEL KRINSKY becoming President of the
CT State Medical Society
by Dorothy Nadel
In Memory of:
Beloved sister, SARAH SCHRIEBERG
by Dorothy Nadel

DONALD & REGINA MILLER FUND


In Memory of:
PHILIP MILLER
by Don & Regina Miller

HAROLD & GLADYS MONDSHEIN FUND

In Memory of:
DOROTHY MONDSHEIN GOLD
by Carolyn & David Topol
by Merle & David Harris
by Susan & Rey Tejada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">Shabbat Youth Activities</p> <p align="center">Please Join Us on December 3, 10, 17, 24, 31:</p> <p align="center">B'nai Mitzvah Club at 9:45 a.m.</p> <p align="center">Kahal at 10:30 a.m.</p>				<p>1 5 Kislev <i>Shabbarith 7am</i> Ziplow Study Group 10:30 Executive Committee 7:30pm <i>Mincha/Maariv 4:15pm</i></p>	<p>2 6 Kislev <i>Shabbarith 7am</i> Candles 4:03pm Mincha/Maariv 4:15pm</p>	<p>3 7 Kislev <i>Parasbat Vayetzei</i> Services 9am Bar Mitzvah of Nathaniel Pinkes Challahpaloza 11am Sisterhood Book Review 2pm <i>Mincha/Maariv 4:15pm</i> <i>Havdalab 5:01pm</i></p>
<p>4 8 Kislev <i>Shabbarith 8am</i> Meditation Class 9:15am Latke Throwdown 2pm <i>Mincha/Maariv 4:15pm</i></p>	<p>5 9 Kislev <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:15pm</i></p>	<p>6 10 Kislev <i>Shabbarith 7am</i> Bereavement Group 7:30pm Ritual Comm. 7:30pm Sisterhood Board Mtg 7:30pm Adult Choir 7:30pm <i>Mincha/Maariv 4:15pm</i></p>	<p>7 11 Kislev <i>Shabbarith 7am</i> Brotherhood Dinner with Rabbi Small 6:30pm Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i></p>	<p>8 12 Kislev <i>Shabbarith 7am</i> Ziplow Study Group 10:30 <i>Mincha/Maariv 4:15pm</i></p>	<p>9 13 Kislev <i>Shabbarith 7am</i> Minyan Candles 4:02pm Mincha/Maariv 4:15pm Hebrew Home Service 7pm</p>	<p>10 14 Kislev <i>Parasbat Vayishlach</i> Services 9am USY Shabbaton Grade 6 & 7 Family Shabbat Program 9am Bar/Bat Mitzvah Club 9:45 <i>Mincha/Maariv 4:15pm</i> <i>Havdalab 5:00pm</i></p>
<p>11 15 Kislev <i>Shabbarith 8am</i> Meditation Class 9:15am Zimriya Song Fest 1pm Ozreinu Group Meeting 4pm <i>Mincha/Maariv 4:15pm</i></p>	<p>12 16 Kislev <i>Shabbarith 7am</i> Board of Ed Mtg 7:30pm <i>Mincha/Maariv 4:15pm</i></p>	<p>13 17 Kislev <i>Shabbarith 7am</i> Board of Trustees 7:30pm - Act. Rm. Adult Choir Rehearsal 7:30pm <i>Mincha/Maariv 4:15pm</i></p>	<p>14 18 Kislev <i>Shabbarith 7am</i> Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i></p>	<p>15 19 Kislev <i>Shabbarith 7am</i> Ziplow Study Group 10:30am <i>Mincha/Maariv 4:15pm</i></p>	<p>16 20 Kislev <i>Shabbarith 7am</i> Emanuel Shabbat Chanukah Dinner 7pm Hebrew Home Service 7pm Candles 4:03pm Mincha/Maariv 4:15pm</p>	<p>17 21 Kislev <i>Parasbat Vayeshev</i> Services 9am Bar/Bat Mitzvah Club 9:45 Kiddush Talk w/Rabbi Small 12:30pm <i>Mincha/Maariv 4:15pm</i> <i>FFH Havdalab 5:01pm</i></p>
<p>18 22 Kislev <i>Shabbarith 8am</i> Classes 9am Meditation Class 9:15am Pre-Chanukah Carnival Concert with Cantor Cohn & Junior Choir 9:30am Chanukah Carnival 10am <i>Mincha/Maariv 4:15pm</i></p>	<p>19 23 Kislev <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:15pm</i></p>	<p>20 24 Kislev <i>Shabbarith 7am</i> Chanukah: 1 Candle Group Chanukah Candle Lighting 6pm Bereavement Group 7:30pm <i>Mincha/Maariv 4:15pm</i></p>	<p>21 25 Kislev <i>Shabbarith 6:45am</i> Chanukah: 2 Candles Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i></p>	<p>22 26 Kislev <i>Shabbarith 6:45am</i> Chanukah: 3 Candles Ziplow Study Group 10:30am <i>Mincha/Maariv 4:15pm</i></p>	<p>23 27 Kislev <i>Shabbarith 6:45am</i> Chanukah: 4 Candles TGIS at Bizman Minyan Candles 4:06pm Mincha/Maariv 4:15pm</p>	<p>24 28 Kislev <i>Parasbat Miketz</i> Chanukah: 5 Candles Services 9am <i>Mincha/Maariv 4:15pm</i> <i>Havdalab 5:05pm</i></p>
<p>25 29 Kislev <i>Shabbarith 8am</i> Chanukah: 6 Candles No Religious School Meditation Class 9:15am <i>Mincha/Maariv 4:15pm</i></p>	<p>26 30 Kislev <i>Shabbarith 8am</i> Chanukah: 7 Candles No Religious School Rosh Chodesh Tevet <i>Mincha/Maariv 4:15pm</i></p>	<p>27 1 Tevet <i>Shabbarith 6:45am</i> Chanukah: 8 Candles No Religious School Rosh Chodesh Tevet <i>Mincha/Maariv 4:15pm</i></p>	<p>28 2 Tevet <i>Shabbarith 6:45am</i> Chanukah: 8th Day No Religious School Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i></p>	<p>29 3 Tevet <i>Shabbarith 7am</i> No Religious School <i>Mincha/Maariv 4:15pm</i></p>	<p>30 4 Tevet <i>Shabbarith 7am</i> Candles 4:11pm Mincha/Maariv 4:15pm</p>	<p>31 5 Tevet <i>Parasbat Vayigash</i> Services 9am <i>Mincha/Maariv 4:15pm</i> <i>Havdalab 5:09pm</i></p>

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RBC Wealth Management®

Daniel Fine
Senior Vice President - Financial Consultant

20 Church Street, Suite 2300
P.O. Box 1900
Hartford, CT 06144-1900

Tel.: 860-241-8600
Fax: 860-241-8667
Direct: 860-241-8680
Toll Free: 866-281-3549
daniel.fine@rbc.com

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93 Lyman Road
West Hartford, CT 06117
Phone: 860.519.8346
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RubockConsulting@Comcast.net
www.RubockConsulting.com



The Emanuel News

160 Mohegan Drive
West Hartford, CT 06117

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November 2011

Cheshvan/Kislev 5772

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 4 Cheshvan <i>Shabbarith 7am</i> Bereavement Group 7:30pm - Bd Rm <i>Mincha/Maariv 5:30pm</i>	2 5 Cheshvan <i>Shabbarith 7am</i> <i>Mincha/Maariv 5:30pm</i>	3 6 Cheshvan <i>Shabbarith 7am</i> Ziplow Study Group 10:30am Executive Committee 7:30pm - Library <i>Mincha/Maariv 5:30pm</i>	4 7 Cheshvan <i>Shabbarith 7am</i> Mincha/Maariv 5:15pm Candles 5:25pm Ruach Shabbat 5:30pm	5 8 Cheshvan <i>Parasbat Lech-Lecha</i> Services 9am Bat Mitzvah of Giselle "Gigi" Epstein Challahpalooza 11am Concert: Sarah Asmar & Joshua Kohl 8:00pm <i>Mincha/Maariv 5:30pm</i> <i>Havdalah 6:21pm</i>
6 9 Cheshvan <i>Shabbarith 8am</i> Meditation Class 9:15am Brotherhood Movie: <i>Jews in Baseball</i> 5pm Daylight Savings Ends <i>Mincha/Maariv 4:30pm</i>	7 10 Cheshvan <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:30pm</i>	8 11 Cheshvan <i>Shabbarith 7am</i> No Religious School Brotherhood Cooking Class 7pm Social Action 7:30pm - Act. Rm. Adult Choir 7:30pm <i>Mincha/Maariv 4:30pm</i>	9 12 Cheshvan <i>Shabbarith 7am</i> Sisterhood Paid-Up Dinner 6:30pm Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:30pm</i>	10 13 Cheshvan <i>Shabbarith 7am</i> Ziplow Study Group 10:30am Brotherhood Evening with Cantor Cohn 6:30pm <i>Mincha/Maariv 4:30pm</i>	11 14 Cheshvan <i>Shabbarith 7am</i> Family Friendly Friday at Bizman Minyan Mincha/Maariv 4:15pm 4:17pm Candles	12 15 Cheshvan <i>Parasbat Vayera</i> Services 9am K-5 Family Shabbat Program <i>Mincha/Maariv 4:15pm</i> <i>Havdalah 5:14pm</i>
13 16 Cheshvan <i>Shabbarith 8am</i> Meditation Class 9:15am Brotherhood Break- fast 9:00am Ozreinu 4pm <i>Mincha/Maariv 4:15pm</i>	14 17 Cheshvan <i>Shabbarith 7am</i> Board of Ed Meeting 7:30pm <i>Mincha/Maariv 4:15pm</i>	15 18 Cheshvan <i>Shabbarith 7am</i> Board of Trustees 7:30pm Bereavement Group 7:30pm Adult Choir 7:30pm <i>Mincha/Maariv 4:15pm</i>	16 19 Cheshvan <i>Shabbarith 7am</i> Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i>	17 20 Cheshvan <i>Shabbarith 7am</i> Ziplow Study Group 10:30am Sisterhood Board Meeting 7:30pm - Act. Rm. <i>Mincha/Maariv 4:15pm</i>	18 21 Cheshvan <i>Shabbarith 7am</i> TGIS at Bizman Minyan Hebrew Home Service 7pm Candles 4:11pm Mincha/Maariv 4:15pm	19 22 Cheshvan <i>Parasbat Chayei Sara</i> Services 9am Bat Mitzvah of Jodi Teitelman <i>Mincha/Maariv 4:15pm</i> <i>Havdalah 5:08pm</i>
20 23 Cheshvan <i>Shabbarith 8am</i> Meditation Class 9:15am <i>Mincha/Maariv 4:15pm</i>	21 24 Cheshvan <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:15pm</i>	22 25 Cheshvan <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:15pm</i>	23 26 Cheshvan <i>Shabbarith 7am</i> No Religious School Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i>	24 27 Cheshvan <i>Shabbarith 8am</i> Thanksgiving Day <i>Mincha/Maariv 4:15pm</i>	25 28 Cheshvan <i>Shabbarith 7am</i> Candles 4:06pm Mincha/Maariv 4:15pm	26 29 Cheshvan <i>Parasbat Toldot</i> Services 9am Bat Mitzvah of Alexandra Abels <i>Mincha/Maariv 4:15pm</i> <i>Havdalah 5:03pm</i>
27 1 Kislev <i>Shabbarith 8am</i> No Religious School Meditation Class 9:15am Rosh Chodesh Kislev <i>Mincha/Maariv 4:15pm</i>	28 2 Kislev <i>Shabbarith 7am</i> <i>Mincha/Maariv 4:15pm</i>	29 3 Kislev <i>Shabbarith 7am</i> Adult Choir 7:30pm <i>Mincha/Maariv 4:15pm</i>	30 4 Kislev <i>Shabbarith 7am</i> Adult Bar/Bat Mitzvah Class 7:30pm - Library <i>Mincha/Maariv 4:15pm</i>	Shabbat Youth Activities Please Join Us on November 5, 12, 19: B'nai Mitzvah Club at 9:45 a.m. Kahal at 10:30 a.m.		

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