

## Waving the

# ARBAH MINIM



Instructions on how to handle and shake the lulav and etrog.



1

Pick up the etrog in your right hand with the stem facing upward.

Transfer the etrog to your left hand.

Be very careful with the small piece that protrudes from the other end (the pitam). If the pitam breaks, the etrog may become invalid.



2

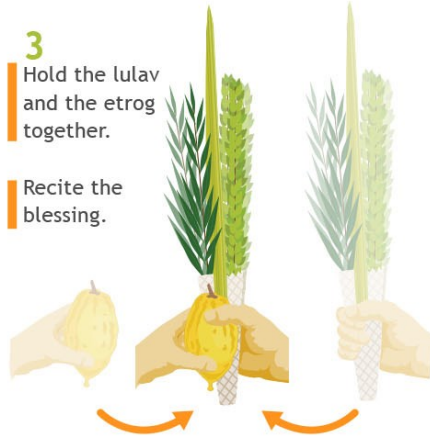
Pick up the lulav with your right hand. Orient the lulav so the spine faces you with the hadassim on the right and the aravot on the left.



3

Hold the lulav and the etrog together.

Recite the blessing.



4

Turn the etrog so the stem faces downward.



5

Shake the lulav gently, tilting the tip so it faces six directions: east, south, west, north, up and then down. Do not turn the lulav upside down for the last shake - rather, drop your hands lower.



Bring it back to your heart after each shake.

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