

Bar/Bat Mitzvah Family Guide

2022 / 5782



The Emanuel Synagogue

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Moshe Pinchover, Ritual Director
Kobi Benita, Executive Director
Barbara Fink, Director of Youth & Family Learning
Dr. Regina Miller, Kiddush Coordinator
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160 Mohegan Drive, West Hartford, Connecticut 06117 www.emanuelsynagogue.org

Mazal Tov!

Mazal Tov on your child's becoming a Bar/Bat Mitzvah. It seems that in the blink of an eye your child has gone from being a small child to a young adult. Now, you and your family are approaching an important passage. We at the Emanuel will help you create a meaningful celebration for you, your child, and all your family and friends. We will help you guide your child along his/her first steps toward becoming a Jewish adult.

This booklet contains essential information to help guide you through this process. Please read it together and note the dates by which decisions must be made and information shared. If you need guidance, we will be happy to help in any way we can.

*As noted for safety reasons, some of our customs and practices may be modified due to the current COVID-19 pandemic status. For the most up to date Covid-19 Operational Guidelines, please visit our website at: https://emanuelsynagogue.org/covid-operating-practices/

We have a great team dedicated to supporting you and your child throughout the process. Please be in touch with any questions or concerns. We are here for you:

Contact Information

Synagogue Office and Clergy – 860-236-1275; School Office – 860-233-2774; Website: www.emanuelsynagogue.org

Rabbi David J. Small, x-115	rabbismall@emanuelsynagogue.org Cell: 860-716-9069	Family concerns, <i>D'var Torah</i> , parents' message to your child, <i>Bar/Bat Mitzvah</i> lesson supervision, roles for family and friends, printed program review
Lisa Taylor, Rabbi's Asst. x-116	lisat@emanuelsynagogue.org	Schedule appointments with Rabbi
Hazzan Daniella Risman x- 114	cantorrisman@emanuelsynagogue.org	
Ritual Director Moshe Pinchover, x-117	mpinch@emanuelsynagogue.org	Service Honors, <i>Torah</i> readings, Hebrew names, <i>Bar/Bat Mitzvah</i> lesson tutor
Jessica Dell'Era Rabbinic Intern	jedellera@JTSA.edu	Bar/Bat Mitzvah lesson tutor
Kobi Benita, Executive Director, x-112	kobi@emanuelsynagogue.org	Membership fees, financial concerns
Regina Miller, Kiddush Coordinator	remiller@hartford.edu; Cell: 860-593-0020	Planning Saturday Kiddush other hospitality at the Emanuel such as Friday night dinner, private party Saturday evening or Sunday
Barbara Fink, Director of Youth and Family Learning x-122	principal@emanuelsynagogue.org	Religious school, learning issues, siblings learning parts
Nancy Fichman	nfichotr@aol.com	Mitzvah project ideas and reporting
Lisa Lenkiewicz, Office Manager, x-110	lisal@emanuelsynagogue.org	Everything Emanuel submissions; General questions and calendar; Mitzvah project promotions and booking spaces for gatherings

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Message from Rabbi Small

Bar/Bat Mitzvah is a major life passage for you, your child and your family and for the Emanuel Family. In the presence of loved ones, friends and community we will affirm our most important values expressed through prayer (Tefilah), Torah study (Limud), giving to those in need (tzedakah), hospitality (Hahnasat Orhim), and joy (simcha)!

Each Bar/Bat mitzvah student will feel affirmed as an individual and supported by family and community. Parents, students, clergy, educators, and synagogue staff, as well as relatives and friends, will work together as a team. We will discover deep meaning and great joy as we support and celebrate your Bar/Bat Mitzvah on their passage into adult life.

It is an honor to join you on this sacred journey!

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David J. Small

Rabbi, The Emanuel Synagogue

Overview of the Journey

Due to Covid-19 safety measures, daily prayer services are offered virtually via <u>Zoom</u>, and Shabbat morning services via <u>Zoom</u> and/or <u>Vimeo</u> streaming. Visit our website for updated in person schedule and guidelines: https://emanuelsynagogue.org/

As of March 2021: Up to 50 total people may attend in person services in the Main Sanctuary with pre-registration. This would include any invited guests plus Emanuel members. *For more details, please go to:* COVID Operating Practices | The Emanuel Synagogue.

What is ahead for the student — You will attend Emanuel Religious School or Jewish day School. On *Shabbat* mornings you will be encouraged to participate in our services. You may attend in person with <u>pre-registration</u> or virtually on <u>Zoom</u> or <u>Vimeo</u> live stream. Private coaching on leading prayers, Reading Torah and Chanting Haftarah begins about one year before your date. Rabbi Small will assign your tutor. The lessons will be for one-half hour each week, and you should plan on practicing an additional fifteen to thirty minutes a day. You will participate in Peer Review class Wednesdays at 4:00 pm to learn how to write a D'var Torah talk. Rabbi Small will meet with you to help you get started, and you will share your work in class and receive helpful feedback. Mrs. Fichman will advise you on choosing a Mitzvah project to help others. Lessons and classes are available on Zoom and in person.

What is ahead for the parents — Please make sure your child regularly attends Religious School or Jewish Day School to ensure they develop the background and skills necessary to succeed. We highly recommend that you listen to your child practice at least once a week, even if you don't read Hebrew. Encourage your child to participate in Saturday morning services and programs. This will help them be comfortable in services and feel like a part of the congregation. We also invite the entire family to Shabbat Babayit (Sabbath at Home) family service every Friday at 5:30 pm via Zoom or the main Friday Evening service. You are also welcome to participate in daily prayers (Minyan). We hope you will attend services with your child, in person or on Zoom.

Read over the Torah and *Haftarah* portions with your child and discuss them. This provides an excellent bonding opportunity and helps the student understand the meaning of their portions.

Parents or grandparents usually give the *Bar/Bat Mitzvah* a *tallit(prayer shawl)*, *tefillin (worn on weekday morning)* and *kippah or head covering*. Some girls choose to not to wear *tefillin* The Emanuel Sisterhood Gift Shop offers tallitot and kippot. Order *Tefillin directly from Rabbi Small* at a cost of \$125, (which is 50% of

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the total fee; the balance is covered by a contribution from the Rabbi's Discretionary Fund and the Ritual Committee). Contact the Rabbi's assistant <u>Lisa Taylor</u> to order. These gifts last a lifetime.

Parent Bar/Bat Mitzvah Timeline and Checklist

18-24 months before:
Schedule a meeting with Barbara Fink at principal@emanuelsynagogue.org about any special learning needs your child may have.
Discuss with your child the start of Mitzvah project that would fit his/her interest and talents and ideas. (See appendix). Contact Nancy Fichman at: nichotr@aol.com , for further advice and/or guidance.
Discuss with your child the kind of celebration that will be meaningful for the occasion and for your family and begin planning the party if applicable.
Reserve space at the Emanuel for a private celebration (due to Covid-19, restrictions may apply. Contact the synagogue office at: lisal@emanuelsynagogue.org for details.
Start to attend Shabbat services.
1 year before:
Schedule Bar/Bat Mitzvah lessons with assigned Tutor.
Parents to begin regular recitation of Parental Blessing on Friday night (see appendix)
Child to begin execution of Mitzvah project. (To be completed prior to Bar/Bat Mitzvah day)
Pay dues in full or make payment arrangements (if needed) with Executive Director: kobi@emanuelsynagogue.org
If holding celebration at the Emanuel, finalize agreement.
9-6 months before:
Prepare guest lists and invitations to invited guests (All Emanuel members will receive electronic communication inviting their attendance; parents may use to forward to their guests as a reminder)
Order kippot, if needed (Note: due to Covid-19, The Emanuel does not provide communal kippot)
Optional: Begin draft of printed program for service (if desired)
Discuss with Hazzan Pinchover parts in the service for other family members, including younger siblings
Gather English and Hebrew names for those with aliyot to the Torah, and submit to Hazzan Pinchover via provided online link.
Confirm family meeting appointment with Rabbi Small's assistant Lisa Taylor: lisat@emanuelsynagogue.org
Contact Regina Miller for help planning your Kiddush. (if not suspended due to Covid-19)
Contact contact communications@emanuelsynagogue.org for additional celebration planning (if applicable).
Confirm date for sanctuary photos and arrange for your photographer, or a friend to take

photos. Photos cannot be taken during the actual service, however photos may be arranged to be taken either: 1) During Thursday morning rehearsal before the *Bar/Bat Mitzvah* date or 2) Scheduled for Friday afternoon. This must be confirmed with the Rabbi (per his schedule availability) as well as the synagogue main office (for space availability).

6 months before:
Practice Torah blessings, Parents' blessings, and Shehecheyanu.
Practice Torah reading (if parents are reading Torah)
Finalize honors for Saturday morning service with Family and Clergy
Order tefillin.
Begin to plan parental bimah message to be delivered during the service.
Clear schedule for Thursday morning prior to your child's Bar/Bat Mitzvah from 7 – 11 am for the following: morning minyan, morning minyan breakfast (sponsored by the Bar/Bat Mitzvah family), followed by rehearsal and pictures.
Register for Thursday morning Minyan breakfast* on day of rehearsal (online or at Synagogue office) with payment (*in person breakfast suspended during Covid-19 restrictions)
Send digital photo with Bar/Bat Mitzvah name, date, and parents name to be used in newsletter Lisa Lenkiewicz (lisal@emanuelsynagogue.org).
Provide description of the student's Mitzvah project. Email it to: Nancy Fichman (nfichotr@aol.com)
Send copies of Torah blessings and well as other parts and prayers to all honorees.
1 month before: Finalize a floor plan and setup needs for Kiddush with Regina Miller (if applicable Share draft of printed program with Rabbi Small for proofing. Finalize honoree list online (change color of confirmed participants from red to black) send to Hazzan Pinchover. Send parents' Bimah message to Rabbi Small for review. Notify your child's school that they will be out of class until approximately 11:00 am the Thursday prior to their Bar/Bat Mitzvah.
Bar/Bat Mitzvah Week: Deliver printed programs to office
Saturday evening before: Those students who have learned one of the first three aliyot will read <i>Torah</i> at the Saturday evening <i>minchah</i> service OR at Monday morning minyan the week of the Bar/Bat Mitzvah date.
Thursday morning before: attend morning minyan @ 7:00 a.m. and breakfast (if occurring) with student. Student has aliyah, and may read Torah, and parents will recite the Parent Prayer. Both student and parents will read and sign the Bar/Bat Mitzvah certificate, which declares their child to be an adult in the Jewish community (see appendix).
Thursday morning before: following minyan and breakfast (if occurring) rehearsal and photo session on bimah with Rabbi Small and Hazzan Pinchover. Changing room is available.

Friday night before Bar/Bat Mitzvah: Family attends services. Bar/Bat Mitzvah leads Kiddush and possibly other parts of service. Stay for Oneg Shabbat (if occurring) to greet friends, family, and congregation. Option: host a Friday night dinner at The Emanuel for invited guests and out of town family!
Day of Bar/Bat Mitzvah
Arrive at 8:45 a.m. Bring all materials, including:
• Tallit
Head Coverings
Student's Haftarah and D'var Torah
Parental Speech/Blessings
Enjoy a wonderful day!
After the Bar/Bat Mitzvah day
If unfinished, complete <i>Mitzvah</i> project.
Write thank-you notes.
Continue attending Religious School and Shabbat services.
Participate in Jewish youth group and Jewish summer camp
Enroll in JTConnect or New England Jewish Academy
Apply to be a Teacher's Aide on Sunday mornings.
Begin your adult Jewish life.

Shared Commitments and Mutual Responsibilities

At The Emanuel Synagogue, we take a covenantal approach to the practice Judaism. Our lives are framed by important covenants between G-d, Israel, and all people. When a Jewish child is born, parents bring their child into the covenant through the baby naming. When the child becomes a *Bar* or *Bat Mitzvah*, they enter the Jewish covenant as an adult, expected to assume all privileges and responsibilities as a full participant in the House of Israel.

As this process is a team effort, we have provided a list of responsibilities for all involved:

The Emanuel Team will:

- Inform and guide our students and families each step of the way.
- Impart the Jewish knowledge, values and skills the student will need to participate as a member of the synagogue community.
- Recognize each student's abilities and help that student succeed.
- Communicate clearly and promptly.
- Explain all the elements of the *Bar/Bat Mitzvah* process in a helpful, lucid, informative way.
- Listen carefully to your concerns and priorities and help shape the celebration to fit your family's needs.
- Help you plan hospitality and celebration.
- Provide space at the Emanuel according to your needs.
- Have fun!

The Parents will:

- Educate themselves regarding the various aspects of the Bar/Bat Mitzvah process.
- Support student's work at home (practice!) and attendance at Religious School and their lessons as scheduled.
- Help your child to design and implement a Mitzvah project.
- Attend Shabbat services and Family Programs with your child.
- Practice Jewish values, observances, and traditions.
- Participate in family education sessions.
- Provide needed information to clergy and staff.
- Sponsor Kiddush after Shabbat morning services and Thursday morning breakfast
- Maintain Emanuel membership in good standing.
- Ask questions and share your concerns.
- Have fun!

The Student will:

- Do homework assignments and practice regularly.
- Attend Hebrew School or Jewish Day School, tutoring sessions and *Shabbat* Services regularly and as scheduled.
- Cooperate with parents, teachers and classmates with *derekh eretz* (respect, courtesy and sensitivity).
- Think and reflect on the meaning of becoming a Jewish adult.
- Plan and carry out a Mitzvah project.
- Work hard, as well as support/coach your classmates as part of *Peer Review*.
- Have fun!

Emanuel resources for you and your children

Study of Torah is the basis for living a Jewish life.

Religious School: Because Jewish knowledge is a key to a meaningful Jewish life experience, we expect B'nai Mitzvah students to maintain attendance in The Emanuel Synagogue Religious School or a Jewish Day School beyond *Bar/Bat Mitzvah*. Through attendance, students build a sense of Jewish community while gaining knowledge and skills in a supportive environment.

Family Programs: Family Programs for grades 6 & 7 are part of *Bar/Bat Mitzvah* education and are designed to bring parents and students together in an informal setting to practice their skills and further build their Jewish community.

Lessons: Bar/Bat Mitzvah lessons usually begin approximately one year before the Bar/Bat Mitzvah date. If you would like your child to start earlier than one year before, please discuss this with Rabbi Small. Rabbi Small will be contacting you to arrange a time for your child's weekly lesson. Bar/Bat Mitzvah lessons **must** be scheduled outside of your child's religious school class time. Included (on page 11) is a page describing the scope and sequence of lessons.

Individualized Learning: We are committed to support and inclusion of every student. Barbara Fink and Rabbi Small will be meeting with each family to get a good understanding of your student's learning style. Please let us know of any special support that our child may need.

 $D'var\ Torah$: Rabbi Small teaches the 7th grade on Wednesdays and works individually with the students to develop and present their $D'var\ Torah$. We encourage you to study the portions with your child.

Shabbat Experience: Weekly *Shabbat* attendance at services enables the entire family to become comfortable with the service and helps you feel connected to your Emanuel community. You are also encouraged to participate in morning and/or evening minyan.

Learning continues: Your Bar or Bat Mitzvah student should keep learning throughout Middle and High School. With our partner JTConnect we offer excellent on-site programs all year long. New England Jewish Academy is another option. Many teens enjoy serving as teacher aides in our Religious School.

Youth Groups and beyond: During these post *Bar/Bat Mitzvah* years, we hope your child will enjoy membership in our award-winning youth groups, Jr. USY (Grades 6-8) and West Hartford USY (Grades 9-12). Many students also enjoy BBYO and other Jewish youth groups. Students participate in encampments, regional conclaves, doing group *Mitzvah* projects, leadership opportunities and fun social activities.

Jewish Camp: Summer camp is a great way to have fun and build Jewish identity and commitment. Camp friendships often last a lifetime. Camp Ramah in New England, Camps Laurelwood, Avodah and Zeke and Cohen camps serve our area. Scholarships are available. Please contact Barbara Fink or Rabbi Small for more details or visit our Emanuel website.

Israel: We encourage parents to plan an Israel experience for your child. USY and Camp Ramah offer wonderful teen trips. Scholarships are available to each student who takes a youth group or camp trip to Israel during the high school years. For information on this scholarship contact the Commission on Jewish Education and Leadership, (860) 727-6136. In college and up to age 26, students are eligible to have a free trip with Taglit-Birthright. Information on this program can be found at: www.birthrightisrael.com.

D'var Torah - & Peer Review

Each student will give an original Introduction (known as *D'var Torah*) to the Torah Portion. This takes place after the Torah has been taken from the Ark on Shabbat morning. The student stands at the table where the Torah has been placed and presents a description of key topics in the weekly portion, focusing on one or two issues of specific interest to the student, connecting the lessons from the Torah to the issues of today. Students are encouraged to express a personal statement of values in this talk. Most students relate to their *Mitzvah Project* project in their talk, and offer thanks to teachers, parents, family and friends.

Rabbi David J. Small and Nancy Fichman teach a weekly class in the Seventh Grade on *Parshanut* and *D'var Torah*, which includes studying the Weekly Torah Portions and Preparing and delivering a *D'var Torah*. This class meets during Religious School, and Jewish Day School students are welcome to attend. Students learn to navigate the *Chumash* (Five Books of Moses) and the *Tanakh* (Hebrew Bible). Students learn to approach the Torah portion, asking key questions of the text: Who, What, Where, When, How and Why? Students devise key questions or issues they see in the Portion that interest them, eventually developing a values- based message that relates to life in our world. At different stages in the process, students share their work one on one with the Rabbi as well as read aloud in class, encouraged to give and incorporate feedback received. This "peer review" process builds confidence in each student and guides the classmates to invest in each other's work and success. Characterbuilding and group-building are primary goals.

Please read over the portion with your child and help figure out their answers to the key questions. *It is essential that the students do their own writing in their own words*. Parents are discouraged from editing out or influencing too much the content and theme of the student's *D'var Torah*. Rabbi Small meets with each student individually to help the student develop the *D'var Torah*.

Please note: the *D'var Torah* should be typed, not handwritten. Students will be expected to type in edits and revisions and to share the most up-to-date copy of their work electronically as instructed. Students should have a current copy with them when they attend class and meeting with Rabbi Small. Every Sunday, students should bring their books, a spiral notebook or loose-leaf and pen or pencil.

BAR/BAT MITZVAH INSTRUCTION

Emanuel Synagogue Scope and Sequence

Following is the general order of material learned and the average length of time required for each component in our Bar/Bat Mitzvah program. Please note, we know students learn at their own pace and learning capacity can vary. We support each student's ability to learn what they can handle with confidence.

ITEM	EXPLANATION	APPROX.
		#OF SESSIONS
Introduction	For Tutor and student to begin to get acquainted and for the student to begin to understand the Bar/Bat Mitzvah process	1
ברכות לתורה Torah Blessings	usually learned in school	1
Torah – cantillation טעמי המקרא	usually learned in school	1 for review
מפטיר Maftir Torah Reading	final section of Shabbat reading	4
Additional Torah Readings קריאות הוספות	First 1-3 readings, also read on weekdays	6-8
Friday Night <i>Kiddush</i> קדוש לערב שבת	recited at Friday Night service and at home	2
Shabbat Moming <i>Kiddush</i> קדושא רבא	recited at very end of service	2
Blessings after <i>Haftarah</i> ברכות אחרי ההפטרה		3
Haftarah and Blessings Before הפטרה וברכות לפניה	prophetic reading	16
Service for Taking Out the Torah		1
הוצאת התורה		
Service for Putting Back Torah הכנסת התורה		2
Shaharit 'Amidah עמידה לשחרית	first 2 pages together plus Kaddish Shalem	3
Remainder of <i>Shaharit</i> Service שמע וברכותיה	Shema and its blessings	5
Kabalat Shabbat קבלת שבת	Service to welcome Shabbat on Friday Night	4
Friday evening service ערבית לשבת	remainder of Friday evening liturgy	4

The Shabbat Morning Service

Our Shabbat *Bar/Bat Mitzvah* is a wonderful celebration. This is where and when the young person publicly becomes a member of the adult Jewish community, assuming adult religious responsibilities.

- **Student's Participation in the Service** is guided by the student's ability and interest, under the supervision of the tutor. At the beginning of the Torah service, the student will give an original *D'var Torah* talk (see page 10 for details), as well as recite a *Haftorah* (explained below). Please address questions to your child's tutor or Rabbi Small.
- Parents' Participation in the Service: Parents receive an Aliyah to the Torah; if only one parent is Jewish, the Jewish parent will recite the Hebrew prayer. Both parents remain standing at the Torah table while their child is called to the Torah for the *Maftir Aliyah*.
 - **Parental Blessing:** After Rabbi Small recites the *Mi Sheberach* for the *Bar/Bat Mitzvah*, both parents bless their child with the traditional parental blessing in Hebrew and in English.
 - **Parents' Address:** Following the blessing, parents address their child on the bima with a personal message.
- **Grandparents:** After the Parental address, The Rabbi will ask the Grandparents present to stand to be honoured and congratulate them. At this time the Rabbi will also remember deceased grandparents. The Rabbi then leads the family in the recitation of the *Shehecheyanu*, followed by *SimanTov v'mazeltov*
- Other Family Members' Participation: Family members, including younger siblings, are encouraged to take part in the service. If there are family members that would like to lead parts of the service or read from the Torah, please notify Hazzan Pinchover or Rabbi Small six months before your date so that we can ensure they receive the support they need to be successful.
- Inclusion of Non-Jewish Family and Friends: Non-Jewish family members and friends of the Bar/Bat Mitzvah family are welcome to participate in the service. Potential options are leading the Prayer for Our Country or the Prayer for Peace. For additional English reading options contact Rabbi Small.
- Bimah Honors: Included in this packet (pg. 15) is a list of aliyot and bimah honors that you may assign
 to family and friends, with details on what is required.
- Haftorah Chanted by the Bar/Bat-Mitzvah, the Haftorah is a passage taken from *Prophets* with blessings before and after. Following the blessing after, family members have the option of throwing candy in celebration. People attending via Zoom hold up signs or use the response button to indicate *Mazel Tov*.
 - **About Throwing Candy:** The custom of gently tossing candy towards the Bar/Bat Mitzvah upon the completion of their Haftorah symbolizes the wish that the Bar/Bat Mitzvah be 'showered with blessings from heaven".

Throwing candy is optional, and The Emanuel provides the candy at no cost to the family.
Family appoints a guest to distribute the candy during the Haftorah blessing (after page
#147 in the Siddur Sim Shalom) to first 5 rows only.
Candy should be 'tossed gently upwards' so it descends over the bima (no line drives!)
Post-toss, young children are invited to gather up the candy and the congregation sings
Siman Tov

- For your guests: Please utilize our Frequently Asked Questions (pg. 16) to educate your guests who may be unfamiliar with our synagogue customs, as well as friends and family who will be participating on the bimah who are not familiar with our Shabbat morning services.
- The *Kiddush*: After the service concludes, the entire congregation is invited to celebrate with the family and their guests at the Kiddush* that is sponsored by the Bar/Bat Mitzvah family. This is an opportunity for many people to greet you and wish you "Mazal Tov".

If you have an off-site celebration planned, please be sure to allow for time to attend the Emanuel Kiddush

Service and Timing (Approximate)

9:00 am

Service begins. The *Bar/Bat Mitzvah* family and the people and those with honors during the introductory and Shacharit service should be in the sanctuary no later than 9:00 a.m.

10:00 am

Torah Service begins (processional). Arrival of those with Bima honors during the Torah service

10:10 am

- D'var Torah delivered by Bar/Bat Mitzvah Torah reading begins.
- Parents called for 7th aliyah to the Torah.
- Chatzi Kaddish is chanted.
- Bar/Bat Mitzvah is called for Maftir Aliyah.
- Rabbi Small recites *Mi Sheberach* Prayer.
- Parents bless the Bar/Bat Mitzvah with Yevarekhekha.
- Parents' address to Bar/Bat Mitzvah (optional)
- Rabbi welcomes congregation.
 - Grandparents are congratulated
 - Departed loved ones are acknowledged
- Parents and child recite Shehecheyanu with Rabbi Small.
- Everyone sings "Siman Tov."
- Torah is lifted and wrapped (Hagbaha/Gelila). Parents return to seats.
- Bar/Bat Mitzvah chants Haftarah with blessings before and after.
- Optional tossing of candy upon completion of blessing after Haftarah
- Rabbi presents gift to Bar/Bat Mitzvah, and shares a personal message
- Prayers for U.S., Israel, and Prayer for Peace
- Ashrei Bar/Bat Mitzvah student, sibling or friend, if desired
- Returning Torah service (recessional)
- Sermon
- Musaf through Kaddish Shalem
- Ein Keloheinu and Aleinu
- Mourners' Kaddish

11:50 am

Anim Zemirot (ark is opened)

- Announcements by Emanuel Synagogue President
- Adon Olam (children under 12 called to bimah) Kiddush and
- Motzi led by Bar/Bat Mitzvah

12:00 pm

Kiddush reception* at The Emanuel: Please note: If you are planning an offsite reception, please allow for time to stay after the service during to receive congratulation from the congregation during Kiddush.

^{*}Temporarily suspended during Covid restriction

Explanation of Shabbat Morning Bimah Honors

There are many honors that may be given to both Jewish and non-Jewish family members and friends, and we will help you and your guests prepare to participate. You do not need to fill all these roles. When considering who to choose for what, please note that our bimah is wheelchair-accessible by means of a ramp on the right side of the bimah.

Honors for Jewish participants: A head covering must be worn by each adult on the bimah.

- **Ark openings**: Occurs on the bimah and up one step. Involves pulling a cord to open and close the curtain. Each opening may be given to one or two people, including children under 13.
- Aliyah to the Torah: There are six aliyot to the Torah reserved for the Bar/Bat Mitzvah family:
 - The initial four Aliyot: for family or friends; up to three people may be called for the same Aliyah.
 (Note: the next two *aliyot* are always reserved to be assigned by the congregation)
 - The next to last Aliyah: for yourselves (parent(s)); when needed, an extra Aliyah can be added.
 - The final Aliyah (Maftir): is for the Bar/Bat Mitzvah student.

Aliyah honorees recite one Hebrew blessing both before and after the reading of a specific Torah verse. Please give your honorees a copy of the blessings to practice (see page 29) If requested, the Hazzan can provide a recording.

- **Torah Reading**: Honorees(s) may also chant the Torah verse for their aliyah, or an additional person may be given the honor to chant them. If you do not wish to give the chanting to friends or family, the Emanuel will provide the Torah reader. Contact Hazzan Moshe Pinchover for the text and a recording to help you or your loved ones learn.
- Additional Parent Honors: In addition to having the fifth Aliyah to the Torah, parents stand next to the Bar/Bat mitzvah during the Maftir Aliyah and will then bless their children with the reciting of the Y'varechecha, and the Shehechayanu blessing.
- *Hagbahah:* At the completion of the Torah Service the Torah needs to be lifted from the Table and held while being wrapped to be replaced in the ark. This requires some strength and practice.
- *Gelilah:* After the *Hagbahah* the Torah is bound with a belt, the velvet cover is replaced along with the final silver decorations, and yad (pointer) returned to the Torah handles to then be replaced in the ark.

Honors for family and friends who are not Jewish include:

- Accompanying a Jewish spouse for an Aliyah to the Torah
- Reciting an English prayer such as:
 - Prayer for Our Country
 - Prayer for Israel English
 - Prayer for Peace (optional)
- Rabbi Small can provide alternative English readings and non-speaking honors.

Please complete the online Bimah Honors form, at least one month prior to the *Bar/Bat Mitzvah* date. (see copy on page #32). It is encouraged that you review and share copies of the blessings and instructions for being called to the Torah (pages 28-31 of this guide) with all honorees.



FAQs about Attending Religious Services at The Emanuel

Who is welcome at services?

As the Prophet Isaiah said, "My house shall be a house of prayer for all people." At the Emanuel we welcome people of all faiths to come and participate in the service. The young, the old, those with physical limitations and special needs – all join together to infuse our services with warmth and spirit.

What time do services begin and end?

Friday evening services last 90 minutes beginning at sundown, but no later than 6:00 PM. Visit our website front page for the current week's information: www.emanuelsynagogue.org. Shabbat morning (Saturday) services always begin at 9:00 am, with Torah Service beginning at 10:00 am, in most cases that is when the Bar/Bat Mitzvah participation begins. Shabbat services end at 12:00 pm.

What should we wear?

Please dress in neat, modest, and clean clothes. Some people dress up for synagogue, while other come in more casual attire. Please avoid sweat suits, work-out clothes, ripped jeans, torn sneakers, tanks/ sleeveless shirt, short pants, mini-skirts, yoga pants, or spandex.

What about a tallit and head covering?

Many Jewish men and women age thirteen and over choose to wear a *tallit* (fringed prayer shawl) while others choose not to wear one. The Tallit is a covenantal garment and those who are not of the Jewish faith are not expected to wear one. As a sign of respect, all people who enter the Sanctuary are asked to cover their heads with a kippah (skullcap) or lace head covering. A Head covering is mandatory for anyone who goes up to the bimah.

Can we use a cell phone or other electronic device in the service?

Please refrain from using any electronic devices in the service or during the Kiddush, including taking photos, texting, or game play as it is distracting for participants and takes away from the Sabbath spirit. Phones should be left on "silent" or turned off. On-call physicians please set your device to "silent" mode and answer any call outside the Sanctuary. Texts or calls to parents to arrange for pick-up are permitted in the lobby or outside.

Can we bring food, drinks, or gum into services?

No. Please do not bring any food, drinks or chewing gum into the synagogue. If you eat breath mints or cough drops, please take the wrappers with you.

What about entering and leaving services? Is it okay to leave services to go to the restroom?

People may enter and leave the Sanctuary during most of the service. Please move quietly and avoid cutting in front of someone who is praying. If the Bar / Bat Mitzvah student, parents, Rabbi or President is speaking, please wait until they finish to move about.

Can we talk during services?

Please refrain from unnecessary noise. All conversation should be kept to a minimum out of respect for those in prayer, especially during *Amidah* (silent prayer), the Mourner's *Kaddish*, and whenever the Rabbi or another person, such as the *Bar / Bat Mitzvah* is speaking. At certain points in the service, everyone is invited to call out, "Mazal Tov!" Quiet conversation is appropriate in the Lobby, and after services, conversation is welcome in all areas.

Does everyone sit and stand at the same time?

For those who are able, there are parts of the service where everyone stands. There are also parts of the service where everyone sits. During the Mourner's *Kaddish* prayer, only those in mourning or those commemorating the anniversary of a death stand. Please listen to the Rabbi for cues when to sit or stand.

What am I supposed to do during the Torah procession?

During non-pandemic times, the Torah scroll is carried around the congregation before and after it is read. Many people will touch the Torah as it goes around. You do not have to do this if you do not wish to.

Are there ways in which people who are not Jewish can participate on the bimah?

Yes. During a *Bar/Bat Mitzvah* service, both parents are invited to the *bimah* to share an honor, give a blessing and speak to their child. When a Jewish spouse is called to the Torah for an *aliyah*, the non-Jewish partner accompanies them. Non-Jewish relatives and friends of the Bar / Bat Mitzvah often lead English readings. Grandparents of all faiths are asked to stand if they are able, to be congratulated by the Rabbi and may also be invited to walk in procession when the Torah goes around the congregation.

Are there certain parts led or recited only by a Jewish person?

Yes. Judaism is a covenantal religion. There are things that only a person born into the covenant, or who chooses to become a part of the Jewish covenant, can do, including: leadership of group Hebrew prayers and carrying/reading from the Torah.

Are children welcome in services?

Yes! We delight in having children **of all ages** in our services. You may bring quiet toys and books into the service. Books and quiet games are available in the sanctuary along the walls*. If your child grows restless or noisy, please bring them out to the lobby. A playroom is located across from the Sanctuary entrance for a child who is accompanied by a parent*. At the close of the service, all children under *Bar & Bat Mitzvah* age (13) are invited up the stairs onto the *bimah*.

What happens after services?

After services we attend the *Kiddush**, a reception where we relax, chat and, of course, have a bite to eat. Please supervise your child(ren) during *Kiddush* and be always responsible for their behavior.

If I have more questions, whom do I ask? Here is some helpful contact information:

- Rabbi David Small rabbismall@emanuelsynagogue.org, 860-236-1275 ext. 115
- Hazzan Moshe Pinchover mpinch@emanuelsynagogue.org, 860-236-1275 ext. 117
- Kobi Benita (Executive Director) kobi@emanuelsynagogue.org 860-236-1275 ext. 112
- Lisa Lenkiewicz, Office Manager: lisal@emanuelsvnagogue.org 860-236-1275 ext. 110
- Lisa Taylor, Rabbi's Assistant: lisat@emanuelsynagogue.org 860-236-1275 ext. 116
- Kathy Hart, Bookkeeper: bookkeeper@emanuelsynaogue.org 860-236-1275 ext. 113
- Barbara Fink (Director of Youth and Family Learning) principal@emanuelsynagogue.org, 860-233-2774
- Mel Simon (President) <u>president@emanuelsynagogue.org</u>

^{*}temporarily suspended during pandemic

Mitzvah Project

Part of being a Jewish Adult is taking action to help others in need and to make the world a better place. Such actions are called "Tikkun Olam," which means, "Repair of the World."

Nancy Fichman (Religious School Faculty) will work with students to help them identify an area of service, choose a method of helping, and then create a plan of follow thru. Rabbi Small and Principal Barbara Fink will offer advice input and Rabbi Small will help students incorporate a discussion of the project in D'var Torah.

Nancy Fichman can be contacted at: nfichotr@aol.com

More details can be found on the Mitzvah Project Appendix on our website, on the Bnai Mitzvah page.

Hospitality and Celebration

Bar and Bat Mitzvah is a time to celebrate! We share our joy with family, friends, and our community. Some of the celebration is shared community-wide with the congregation, while others are just for you and your invited guests.

Receptions for you and your guests may be held in Koret Hall, Silverman Auditorium or in the Siegel Garden (weather permitting). Number of permitted attendances varies per space and current Covid 19 Operational Guidelines: https://emanuelsynagogue.org/covid-operating-practices/

Please consult with our Kiddush Committee Chairperson, Regina Miller (remiller@hartford.edu) for guidance in planning and to RSVP for the various celebrations below:

- Minyan Breakfast: When it is safe to do so, we eat breakfast together following Weekday morning minyan. On the Thursday of your Bar/Bat Mitzvah Week the parents sponsor the breakfast. Please see Appendix (page #35) for the breakfast details.
- **Friday evening Oneg:** When it is safe to do so, after Friday evening Services, we hold a light Oneg Shabbat with juice, spirits, wine and snacks. (Sponsorship is optional.) If you are having guests come, please let Regina Miller know the number
- **Friday evening Shabbat Dinner:** Following the evening service, Bar/Bat Mitzvah families may choose to hold a Shabbat dinner for invited family and guests at Emanuel. Contact Regina for details.
- Kiddush: B'nai Mitzvah families sponsor a Saturday Kiddush reception at 12 Noon after the Bar/Bat Mitzvah Shabbat service. Please plan on attending since people will want to greet you and wish you a Mazel Tov. You should for approximately 150 congregants in addition to your invited guests. Contact Regina Miller to start your Kiddush planning. In non-pandemic times, try to plan 6 months in advance. On page #22 is a list of kosher food providers and caterers.
- **Program:** Some families opt to create a digital or hard copy program listing participants in the Shabbat morning service. Send a draft copy to Rabbi Small for review, prior to final printing.
- Bimah Flowers or Food Baskets Some families opt for fresh flowers on the bimah; others prefer to
 make a donation to Foodshare or Kosher Food Pantry to benefit people with food insecurity. Please
 no lilies due to allergies.
- *Kippot:* You may order special kippot for your friends and family or for all in attendance. Sisterhood can order them for you. Contact Lisa Tesser at <a href="https://link.org/link
- **Deliveries and Drop offs to Emanuel:** Please bring kippot and programs to Emanuel on Thursday morning (when you come for minyan) to the main office by 10:00 am. Flowers should be delivered no later than 12:00 noon on Friday.
- Photo and Information for Everything Emanuel: We publish photos of upcoming Bar / Bat Mitzvah
 in our Newsletter, web site, and on our lobby display screen. Please send a high quality jpeg image,
 the student's name and Parents' and grandparents' names to: lisal@emanuelsynagogue.org.

- **Special invites**: Please invite all your child's classmates to the Shabbat Morning Service and kiddush; if you are able, it is nice to invite them to a reception, if you are having one.
- Dues and Fees: Please be sure you have paid all membership dues, school, and Bar/Bat mitzvah fees
 to The Emanuel prior to the bar/bat Mitzvah weekend. Contact Executive Director Kobi Benita if you
 have questions:
- Use of Synagogue Facilities for Celebration: Emanuel offers a wonderful facility for private celebrations. Our Silverman/Koret Auditorium and kosher kitchen facilities can accommodate celebrations large and small for up to 500 attendees. Please see page 21 for a list of rooms and charges. There is no room charge for the Shabbat Kiddush to which the congregation is invited. Please contact Regina to discuss the possibilities.
- Photography: As a reminder, photography is not permitted at the synagogue during Shabbat (from sundown Friday evening until after Havdalah on Saturday). We are happy for you to have family photo sessions on Thursday morning or Friday afternoon. Please schedule with Lisa Lenkiewicz: lisal@emanuelsynagogue.org.
- Please remind your guests to be respectful of all of the furnishings and spaces at our Emanuel Synagogue. We love having guests and want to maintain our spiritual home in good condition for years to come.



The Emanuel Synagogue Room information

For information and help with planning, contact: Communications@emanuelsynagogue.org

ALL PRICES QUOTED ARE AS OF January, 2021 and ARE SUBJECT TO CHANGE

The Emanuel does not charge a rental fee for Kiddushim to which the congregation is invited. Rental fees apply only to private celebrations.

Member Room Rental Fees below include:

- 4-hour room use for your event.
- Per availability, use of Round Tables (60-inch & 72-inch), 8 ft & 6 ft long rectangle tables, and chairs.
- 1 custodian on the premises during the entire celebration. A gratuity to the custodian(s) is greatly appreciated.

Koret Hall	\$500.00
Silverman Auditorium	\$1000.00
Koret/Silverman	\$1200.00
Lobby	\$300.00
Siegal Garden	\$150.00 (when used for food service)
Koret/Silverman/Lobby	\$1400.00
Banks Garden	\$150.00 (when used for food service)

Other fees and information:

- \$200.00 kitchen fee is charged to the congregant. This covers clean-up of the kitchen after the caterer has finished. (\$100.00 kitchen fee when Crown Market or Emanuel Brotherhood caterer.)
- \$100.00 kitchen fee if congregant is preparing their own food and no caterer is involved.

These rates are for members of The Emanuel Synagogue and apply only to current dues paying members.

For more details The Facility Event Usage Guide Information:

<u>https://emanuelsynagogue.org/wp-content/uploads/2018/03/FINALFacility-Event-Usage-Guide-updated Mar-23-1.pdf</u>

EMANUEL SYNAGOGUE APPROVED CATERERS AND MARKETS

Current as of January 2021. PLEASE CHECK WITH EVENT OR KIDDUSH COORDINATOR FOR CURRENT INFORMATION

Emanuel Brotherhood

The Brotherhood donates all profits to the synagogue

Attn: Jeff Adler, jeffreya.adler@gmail.com

Big Y (Bakery and Kosher deli) N. Main Street West Hartford CT 06117 860-236-1505

The Crown Kosher Market Attention: catering@thecrownmarket.com 2471 Albany Ave. West Hartford, CT 06117 860-236-1965 Joy of Food, LLC Attn: Paul & Debbie Bettan 27 Timberwood Rd. West Hartford, CT 06117 joyoffood@comcast.net 860-231-1861/860-798-9388

Main Events Caterers 38 West Forest Ave. Englewood, NJ 07631 office@mecaterers.com

Yosi Kosher Catering 598 Hayden Station Rd. Windsor, CT 06095 Attn: Mira Godel, Event manager mira@yosikitchen.com / 860-365-YOSI (9674) Sample letter to invited school friends who may not know what to expect at your celebration.

I am glad that you are coming to my Bat Mitzvah. Here is some information you will want to know.

The Saturday morning service begins at 9:00 a.m. Please plan to arrive no later than 10:00 am as that is when the Torah service starts, and my part begins. The service will end at approximately 12:00 noon, after which is a light Kiddush lunch.

Your parents should pick you up between 12:30-12:45. Please do not use phones or text or take photo/video during the service or lunch. Our dress code is neat casual to dressy. No jeans or t-shirts please. For details see the included FAQ sheet.

If you have any questions, please contact my parents at: 555 – 5555. See you on December 8!

EMILY

Glossary of Terms

Adon Olam – closing hymn, sung at the conclusion of the service. Page 187 in Siddur Sim Shalom.

Aleinu - prayer that proclaims sovereignty and unity of God, recited towards the conclusion of every service. Page 183 in *Siddur Sim Shalom*.

Aliyah (plural Aliyot) - ("Ascent" or "to go up") - being called up to the Torah. The person who receives an **Aliyah** chants the blessings before and after the actual Torah reading.

Ashrei – from the Psalms - recited in the morning and afternoon services. Page 151 in Siddur Sim Shalom.

Bar/Bat Mitzvah (plural B'ney Mitzvah, B'not Mitzvah) – we celebrate a child's becoming an adult member of the community and responsible to observe the precepts of the Torah.

D'var Torah - Refers to the teaching of a text. Our *Bar/Bat Mitzvah* celebrants give a talk about their Torah and *Haftarah* portions.

Ein Keloheinu - Hymn that is sung towards the conclusion of the Shabbat morning service. Page 182 in *Siddur Sim Shalom*.

Gabbai (plural Gabbaim) - They assist at the Torah reading service by directing people who have *Aliyot*, and supporting the Torah reader. They stand on either side of the Torah lectern.

G'lilah - refers to the honor of rolling and "dressing" the Torah after it is read.

Haftarah - (Literally "completion"). Refers to the portion from the Prophets that corresponds to a particular Torah reading or special time of year.

Haqbahah - refers to the honor of lifting the Torah at the conclusion of the Torah reading.

Havdalah - (Literally "Separation" or "Distinction") the ceremony that takes place at the conclusion of *Shabbat*, separating the *Shabbat* from the rest of the days.

<u>H</u>azzan - Cantor

Kiddush - the blessing over wine sanctifying the *Shabbat*, also refers to the light refreshment and socializing following *Shabbat* and holiday morning services.

Kippah (plural Kippot) – a head covering that comes in many colors and designs.

Maftir - the person who reads the last Torah reading and then the *Haftarah*. The *Bar/Bat Mitzvah* child is usually the *Maftir*. Also refers to the last reading itself.

Minha - afternoon service.

Minyan - a group of ten Jewish adults required for communal prayer. Colloquially, it also refers to the weekday morning and evening services.

Musaf – the latter (additional) portion of the Shabbat morning service.

Parashah - (Literally "portion or section") refers to a passage in the Torah or the weekly Torah reading.

Shehecheyanu – Blessing for special events.

Siddur – Prayer book. *Siddur Sim Shalom* is the one we use at the Emanuel Synagogue for all ser- vices.

Simcha – Joy; a happy occasion.

Tallit (plural Tallitot) —A tallit is a four-cornered "prayer shawl" with tzitzit or "fringes" which represent the mitzvot and also the Jewish people.

Tefillin – These are special boxes that contain passages from the Torah written on parchment, fulfilling the commandment to "bind [G-d's Word] for a sign upon your arm and a decoration between your eyes". They are worn by adult Jewish men and, in increasing numbers, women during weekday morning services. They are not worn on Shabbat.

Tikkun Olam – Repairing the world.

Trope - musical cantillations that direct the reader in chanting from the Torah and Haftarah.

Y'varechecha – Priestly blessing, recited by parents for their children.

PARENTS PRAYER - VERSION A

Read at morning minyan on the Thursday before Bar/Bat Mitzvah

For a boy:

בָּרוּךְ שֶׁפְּטָרָנוּ מֵעָנְשׁוֹ שֶׁלְּזֶה

BARUCH SHEP'TARANU ME'ONSHO SHEL'ZEH.

For a girl:

בָּרוּדְ שֶׁפְּטָרָנוּ מֵעַנְשָׁהּ שֶׁלְּזוֹ

BARUCH SHEP'TARANU ME'ONSHAH SHEL'ZO.

Dear	

Today you have the privilege to take over your responsibilities as a Jew. As your parents, we are blessed having you. From the day you *were born we have tried to raise you as a Jew by teaching you the Jewish Heritage and to become a Bar / Bat Mitzvah. From now on it is your responsibility to learn more about Judaism, Jewish Practice and Tradition. We will always be at your side to help you with the sacred task that you are beginning today.

May the Almighty bless you with success; may you be prosperous in all your ways to find grace and mercy in the eyes of G-d and humanity. Amen.

*[alternative for adoptees: "became part of our family"]

Read at morning minyan on the Thursday before Bar/Bat Mitzvah

For a boy:

בָּרוּךְ שֶׁפְּטָרָנוּ מֵעָנְשׁוֹ שֶׁלְּזֶה

BARUCH SHEP'TARANU ME'ONSHO SHEL'ZEH.

For a girl:

בָּרוּדְ שֶׁפְּטָרָנוּ מֵעְנְשָׁהּ שֶׁלְּזוֹ

BARUCH SHEP'TARANU ME'ONSHAH SHEL'ZO.

O God of all humanity:

We lift our voices in gratitude that the Torah has come into the world through the Jewish people.

We lift our voices in gratitude for the ideals it teaches: justice; compassion; devotion; the partnership of mind, heart, and deed.

We lift our voices in gratitude that our son/daughter		
	takes his/her place among the people of Israel. We	
pray that	will do so with pride and joy. As You	
called Israel to	be a light to the nations, so, too, we pray that our	
son/daughter w	ill be his/her own ray of light to the world.	

How to Have an Aliyah

These instructions are provided to help guide you or refresh your memory in proceeding step-by-step through your honor. Remember, you are among friends and family, and you will have people to help and guide you along the way. It is good to practice the blessings in advance; an audio recording can be sent upon request. Here is a "My Jewish Learning" video tutorial for the blessings: https://www.youtube.com/watch?v=326UpV60hFQ.

Appropriate dress for women for The Emanuel Sanctuary consists of covered shoulders, back and midriff. Please bring a sweater, jacket or shawl if necessary. Men should wear a collared shirt. For an *aliyah*, men wear a *talit* and both men and women wear head coverings. Women may also wear a *talit*.

- Shortly before it is your turn for an aliyah, go up to the bimah and sit in a chair next to the Rabbi. If you have the first aliyah, go up when the Torah is being paraded around the congregation. For the next ones, go up when the previous person is reciting the blessings.
- When it is time for your aliyah, you will be called to the bimah by your Hebrew name. Come forward to the Torah reading table. The reader will then show you (with a silver yad) the place in the Torah where he/she will read. Touch with one of the tzitzit of your talit, the place shown and then kiss the tzitzit. If you are not wearing a talit, (some women do not) use the cloth Torah binder. You will find it on the table.
- Take hold of the Torah handles and recite the blessing (attached) before reading the Torah. This will be printed in large type (both in Hebrew and transliteration) next to the Torah. Remember to repeat the second line, after the congregation.
- The reader will then read from the Torah. Follow the pointer with your eyes while the reader is reading. When the reader concludes, touch the Torah again with the *tzitzit* at the place where the reader points to and again kiss the *tzitzit* (or Torah binder).
- Take hold of the Torah handles, roll the Torah closed and recite the blessing after reading the Torah (attached).
- Move to the right side of the Torah reading table next to the *gabbai* and stay on the *bimah* until the conclusion of the next *aliyah*.
- Cross the *bimah* to the stairs on the Rabbi's side and return to your seat. It is fine to shake hands and greet people on your way back.

Defining Our Terms

aliyah – literally, going up to the Torah to say the blessings before and after the reading bimah - raised area where the Rabbi stands and the Torah is read gabbai – the person who stands next to the Torah reader to help him/her. talit – prayer shawl tzitzit - knotted fringes of the tallit yad – pointer

Torah Blessings

Touch your *talit* or the Torah binder to the spot and kiss your *talit* or the Torah binder.

Holding both handles, roll the scroll closed.

בָּרכוּ אֵת יִי הַמְבֹרְדָ.

Bar'chu et Adonai ham'vorach.

The congregation responds

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוּלָם וָעֶד.

Baruch Adonai ham'vorach l'olam va-ed

You repeat

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוּלָם וָעֶד.

Baruch Adonai ham'vorach l'olam va-ed.

And continue:

בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים וְנֶתַן לָנוּ אֶת תּוֹרָתוֹ. בָּרוּדְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Baruch attah Adonai Eloheinu melech haolam, asher bahar banu micol ha-amim v'natan lanu et Torato. Baruch attah Adonai noten HaTorah.

Follow in the scroll while the reader chants the portion. He will show you the place again. Touch your talit or the Torah binder to the spot and kiss your talit or the Torah binder. Holding both handles, roll the scroll closed.

Then say:

בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם, אֲשֶׁר נְתַן לֶנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ. בָּרוּדְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Baruch attah Adonai Eloheinu melech haolam, asher natan lanuTorat emet v'hayei olam natah b'tochenu. Baruch attah Adonai noten HaTorah.

Baruch attah Adonai Eloheinu melech haolam, asher natan lanuTorat emet v'hayei olam natah b'toch-enu. Baruch attah Adonai noten HaTorah.

Praise Adonai, the Exalted One,

Praised be Adonai, the Exalted One, throughout all time. Praised are You Adonai our God, who rules the universe, Choosing us from among all peoples by giving us the Torah. Praised are You Adonai, who gives the Torah.

Praised are You Adonai our God, who rules the universe, Giving us the Torah of truth, planting within us life eternal. Praised are you Adonai, who gives the Torah.

BLESSING THE BAR/BAT MITZVAH

Birchot Ha-Mishpacha	בּרָכוֹת הַמִּשְׁפָּחָה
FOR THE SO	ONS
Yesimcha Elohim	יְשִׂימְדְ אֶלוֹהִים
K'Efrayim Ve'chimenashe	ָבְאָפְ <u>ר</u> ִיִם וְכִמְנַשֶּׁה
May G-d make you like Efraim and Menashe	
FOR THE DA	AUGHTERS
Y'simech Elohim	יְשִׂימֵך אֶלוֹהִים
K'Sarah, Rivkah, Rachel,	ּבְשֶׁרָה, רִבְקָה, רָחֵל בְשֶׁרָה, רִבְקָה, רָחֵל
V'Leah	וְלֵא
May G-d make you like Sarah, Rebeccah, Rachel, and Leah	
MAIN BLESSING (1	for a boy or a girl)
Y'varech'cha Adonai	יָבָרֶכְדְ יָיָ וְיִשְׁמְרֶדְּ,
v'yishm'recha,	יָאֵר יְיָ פָּנָיו אֵלֶידְ וִיחוּנֶדְ,
Ya'er Adonai panav elecha	יִשָּׁא יִנָ פַּנֵיו אֵלֵיך
Vichuneka,	וָיָשֵׂם לִךְ שָׁלוֹם
Yisa Adonai panav elecha	
v'yasem l'cha sha-lom.	,
May G-d bless you and keep you.	
May G-d shine the Divine face upon you	
and be gracious to you.	
May G-d watch over you always and bless you with peace.	

Shehe<u>h</u>eyanu

The Rabbi calls on the parents to say the following blessing during the Shabbat morning service:

בָּרוּך אַתָּה יִי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, שֶׁהֶחֶיְנוּ וְקִיְּמְנוּ וְהִגִּיעֲנוּ לַוְּמֵן הַזָּה.

Barukh atah Adonai, Eloheinu melekh ha-olam, sheheheyanu v'kiy'manu v'higi-anu la-z'man ha-zeh.

Means: "...Who has kept us in life, sustained us, and brought us to this moment."

Bimah Honors: Shabbat Parashat

Saturday, 2021 Bar/Bat Mitzvah –

Pesukey Dezimra	
Open the outer curtain	
Shaharit	
Torah Service	
Petiha (open the Ark)	
Sefer Torah (carry the Torah)	
D'var Torah	Bar/Bat Mitzvah

		TORAH READ	ING		
	Honoree Name English	Honoree Nam Hebrew	Reader	Page #	Chapter & Verse
Cohen/ Rishon Aliyah #1					
Levi/Sheni Aliyah #2					
Shelishi Aliyah #3					
Revi`i Aliyah #4					
	מי שברך לחולים	Prayer for the	ill by Rabbi/Ha	zzan	
<u>H</u> amishi Aliyah #5	To be assigned by congregation				
Shishi Aliyah #6	To be assigned by congregation				
Shevi`i Aliyah # 7	Parent(s)				
	1	חצי קדיש By M	oshe		
Maftir	Bar/Bat Mitz-vah				

Blessing by Rabbi מי שברך לבר/בת מצווה Parents' Blessing יברכך

We congratulate grandparents... (and ask them to rise) We remember...(name of grandparent or loved ones)

Shehecheyanu שהחיינו
"סימן טוב"

Hagbaha (lifting the Torah)		
Gelillah		
(Binding the Torah)		
Haftarah	Bar/Bat Mitzvah	
B'rachot After Haftarah	Page 147	Distribute candy? Y/N
Throw candy? Y/N		
Rabbi's Charge to Bar/Bat M	/litzvah	

148	Prayer for Our Country (English)	
149	Prayer for Israel	Hebrew
		English
149	Prayer for peace (op- tional)	
151	Ashrei	
153	Returning Torah Service	
	Returning Torah	
	(Carry the Torah)	
	Hachnassa (Open The Ark)	
	Sermon	
155	Musaf	Hazzan
181	Kaddish Shalem	
182	Ein Keloheinu	
183	Aleinu	
184	Mourners Kaddish	Rabbi David Small
185	Ark Opening	INADDI DAVIG OTTALI
185	Anim Zmirot	
100		
	Close outer curtain	
407	ANNOUNCEMENTS	
187	Adon Olam	
315	Kiddush & HaMotzi	Bar/Bat Mitzvah

The Emanuel Synagogue Kiddush Planning Form

For information and help with planning, contact the Kiddush Coordinator, Regina Miller at remiller@hartford.edu.

Date of Simcha:			
Parents' Names		_Child's Name:	
Address		email	
Home Phone	Cell Phones		
Kiddush Detail Info	ormation:		
Our caterer will be:		(see pg 22 for list of approved caterers)	
> (lili	ts (Please specify ONE selection below Flowers; specify name of Flowers and flowers in the lily family are not ecceived by noon on Friday)	orist:ot permitted due to allergies, all deliveries must	
	•	nagogue's artificial flower arrangements.	
	Food Basket (donation in li		
sugg	gested options_Foodshare_JFS Kosher	Food Pantry_MAZON	
• Photos on Bimah: Y	es/No (please circle). If yes please con	mplete below:	
o 8:30 am. M	y Thursday date:		
 Our photog 	rapher will be:		

The Emanuel Synagogue *Minyonaires*A.S.B.C. Breakfast Club

Return completed form with payment:

2 weeks before Bar/Bat Mitzvah

All sponsored breakfasts include regular *minyan* attendees in addition to the Bar/Bat Mitzvah family and guests.

The minimum sponsored breakfast is \$40.00 for the basic menu* and covers up to 10 Bar/Bat Mizvah family and guest attendees. Menu options available as detailed below.

<u>Please select one of the three menu options below:</u>

• Option #1 \$40	■ Option #3 \$65	■ Option #4 \$85
*Basic Menu		
 Orange juice Cold cereal Herring Hardboiled egg Cream cheese Rolls Bagels Coffee Pastry 	Basic Menu PLUS: + LOX	Basic Menu PLUS: + LOX +EGG SALAD

Note: Whitefish salad can be added to any of the above options for an additional \$15.00.

Please complete and return form below with check made to Emanuel A.S.B.C.

to: The Emanuel Synagogue, attention: Minyonaires Breakfast Sponsorship

Date of Breakfast to be sponsored:		Breakfast option number:
Number of family/guests to attend:		Additional Fee (if applicable):
Sponsor's name:	In honor of: _	
Contact phone:	Contact	Email:

For information and help with planning, contact Gladys Mondshein at: 862-9304

The Emanuel Synagogue Name Information to Prepare *Bar/Bat Mitzvah* Certificate

Student's full name		
In English:		
In Hebrew		
ben/bat	V′	_
Child's name(s) father's na	ame(s) mother's name(s)	
	(Transliterations in English are okay)	
Family member names: (English)		
Siblings:		
Grandparents:		

Return to Emanuel

2

months before Bar/Bat Mitzvah

PHOTO and INFORMATION for EVERYTHING EMANUEL

We publish photos of upcoming B'nai Mitzvah in the Newsletter along with their names, the names of the parents and the names of any grandparents who are members of The Emanuel.

PHOTO: Please use the best quality digital camera available to you for best print quality. Your child's photo should ideally be a headshot (shoulders up). Please send your photo as an attachment; please do not embed the photo in the body of the e-mail.

INFORMATION: Along with your photo, please e-mail the following information as you wish it to be published in the Newsletter:

Name of the Bar/Bat Mitzvah
Name(s) of the parent(s)
Name of any grandparents who are members of The Emanuel

SUBMISSION DEADLINES:

For a January or February Bar/Bat Mitzvah - Deadline: November 23
For a March or April Bar/Bat Mitzvah - Deadline: January 23
For a May or June Bar/Bat Mitzvah - Deadline: March 23
For a July or August Bar/Bat Mitzvah - Deadline: May 23
For a September or October Bar/Bat Mitzvah - Deadline: July 23

For a November or December Bar/Bat Mitzvah - Deadline: September 23

Please contact Lisa Lenkiewicz at 860-236-1275 ext. 110 or lisal@emanuelsynagogue.org with any questions.