

## SISTERHOOD PRESENTS

## WALKING INTO A HAPPY AND HEALTHY NEW YEAR

September 10, 2023 1:00 - 3:00 PM Meet in Chapel Lobby

Wear your most comfortable strolling attire and join one of three walking groups — at three different distances. All routes are on level ground — no hills!

We will return to the Chapel Lobby (and Garden) after the walk for a light reception!

## FREE and open to all; bring your family!

Please RSVP to <u>emanuelsisterhoodwesthartford@gmail.com</u> with the following information:

- Your Name
- Total number of walkers
- Number of walkers under the age of 13

