Everything Emanuel



March/April 2024 • Adar I/Adar II/Nisan 5784

FROM THE RABBI

A PRACTICE OF HAPPINESS

"ne Happy — DIt's Adar!" is the slogan for this season. Yet, what does it mean, "Be happy?" Is "happiness"



a temporary emotional surge of pleasure and positivity marked by

dopamine in the bloodstream and other markers of well-being? A longterm "practice of happiness" involves a mindset and patterns of thought that are: 1) Joyful 2) Social 3) Habitual and 4) Progressive.

Joy can be more than a feeling we experience; joy can be a stance that we adopt every day. When we seek and embrace positive interactions, when we view our day as full of opportunity for "Hakarat HaTov," or "recognizing and affirming the good," we live in joy.

Positive social context promotes long-term well-being. We are social creatures; while we like to have our "space" from time to time, solitude is not our natural state. When Rabbi Shimon Bar Yochai secreted himself and his son in a cave for years, the Talmud describes this social isolation as a transgression. When we associate with people who adopt a positive mindset, we find support for our own path. When we express and practice kindness and concern for others, we nourish our own souls.

Spontaneity gets more love than habit, which is derided as "rote." But neuroscience states that "neurons that wire together fire together;" meaning that repeated thoughts and actions (continued on page12)



PASSOVER 2024/5784

Monday, April 22: First Seder Tuesday, April 23: Second Seder — **Community Seder @ Emanuel**

More details to be announced in a special Passover supplement!

WE STAND WITH ISRAEL RESILIENT DETERMINED UNBROKEN

BLUMENSTEIN

≈ FUNERAL HOME

FROM THE PRESIDENT

In the months since the October 7 attacks in Israel, antisemitic incidents in the U.S. have skyrocketed 360%, according to the



Anti-Defamation League. American Jews are facing a threat level unprecedented in modern history with hate crimes, bomb threats, verbal and written harassment, and assaults, protests, and other antisemitic incidents on college campuses. Our lives and history will forever be marked by what happened on October 7, 2023.

The connection and bond we all feel with Israel and the heartache we experience brings us together as one people, one community. I have seen how we reach out to each other to give support whether we have immediate family in Israel, friends, or acquaintances.

From the moment we began to understand the atrocities unfolding in Israel, Rabbi Small guided us in prayer and conversation, delivering powerful messages and setting the tone to help us navigate the news of the horrific war as it was unfolding. This was followed by a series of moving Shabbat services, where special prayers, readings, and sermons were spoken to capture our mood, express our concerns, and to bring us together as one community.

- Emanuelites were well represented at a community vigil at West Hartford Town Hall.
- The Emanuel Synagogue hosted a community prayer vigil with more than 500 people in attendance.
- Volunteers set an empty Shabbat table to remember the hostages.
- Funds were raised to support • Israeli soldiers in the field and to provide food for those in need through Leket Israel, The National Food Bank.

- We had a delegation at the March for Israel in Washington, D.C., as part of the largest gathering of Jews and allies in support of Israel.
- Educational programs were offered through our Adult Education Committee to keep our community informed. We partnered with JTConnect on how parents can talk to their college aged children and teens about Israel, Zionism, and world events.

The war is not over, and our support as individuals, as a congregation, and as part of the larger Jewish community must continue for as long as it is needed. Let's continue to come together as a community. Am Yisrael Chai.

- Reesa F. Olins

MAZAL TOV TO...

Faith Helene, on the birth of her great-granddaughter, Harper Maeve Helene

Gladys Mondshein, on the birth of her seventh great-grandchild, Lavi Mehlman, of Ashkelon, Israel

Jaime & Mark Seltzer on the birth of their granddaughter, Blake Dahlia Seltzer, daughter of Matthew & Brittney Seltzer

WELCOME TO OUR **NEW MEMBERS:**

ZACHARY DUBINSKY

DR. ERIC PETERS & JULIA WELLS WITH LUCY PETERS-WELLS

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MAKE YOUR PLEDGE NOW TO HELP REPAIR OUR TORAHS

Our Torahs are our most precious possessions. They represent the guiding light of our history and of our sacred traditions. We owe it to our shul and our kehila to respect, honor and take care of these treasured scrolls. Twenty-two of our scrolls have been appraised and evaluated, and we are beginning repairs on March 3.

Our fundraising efforts have been nice and steady, but we still need your support in raising an additional \$70,000 to reach our goal of \$150,000.

On March 3, our Sofer, Rabbi Kevin Hale, will conduct up close and personal sessions with those who have already donated. You will have a once in a lifetime opportunity to participate in an intimate experience, to witness and be a part of the scribing process.

Please make your pledge now! Scan the QR code or go to the sponsorship form here. Todah Rabbah to the following people for their thoughtful and generous donations to The Emanuel Torah Restoration Project to date (as of Feb. 7, 2024):

Jeffrey & Gail Adler Rachel Arnett David & Paula Baram Brian & Laura Becker Bruce & Sue Bergman Laura Berlin & Alfred Gladstone Stephen & Barbara Berns Hannah Blau Louis Blumenfeld & Jackie Isaacson David & Lara Bomzer Louis & Trudi Brown Janice Flemming-Butler Leon & Jean Chameides Rabbi Steven & Leah Chatinover Ruth Cion Martin & Elaine Cohen Alan & Risa Davidson Barbara Douglas Sharon Efron Grant & Elizabeth Ehrlich Barry & Lisa Feigenbaum Julie Feldman Al & Nancy Fichman Randie & Eliot Fierberg Daniel & Joan Fine Judd & Bella Fink Carol & David Fishman Hedyth Fishman Michael & Evelyn Fishman Joyce Flescher Michael Glazier & Jody Brown William Glucksman & Wendy Amblo Lee & Monica Gold Eric & Elizabeth Goldberg Steven & Andrea Goldenberg Steven & Blanche Goldenberg Rona Gollob Alan & Marilyn Goodman Lori Gottlieb Edward Greenbaum & Anne Riener David & Merle Harris Lotte Hershfield Mark & Heather Jacobson Bud & Charlotte Jason Llvn Kaimowitz Edith Kalin Marshall & Margaret Kaplan Stuart & Beth Katten Karen Kaye Joel & Naomi Kleinman Stuart & Sheryl Kopel Paul & Sharone Kornman Tammi Kraushaar

Allen & Judith Kronick Sarah & Andrew Laskowski Michael & Lisa Lenkiewicz Arthur & Elaine Levison Martin & Joyce Libbin Bryan Lieblick Andrew Magin & Sharon Thomason Ken Mallev Alan & Wendy Mandelbaum Tamar & Marc Margolis Thomas & Ona Mastronarde Peter & Deborah Mehlman Alan & Peggy Mendelson Donald & Regina Miller Stanley Miller & Emily Lebovitz-Miller Beatrice Mitlak Sarah Morel Jeffrey Mussman Michael & Sandra Myers Arthur & Reba Nassau Jennifer & Kevin Nejfelt Morton & Lee Oberstein Reesa Olins & Robert Teitelman Rabbi Richard & Lisa Plavin John & Grant Quinn Jeffrey Renert William & Sandra Rosenbaum Carol Rosenberg Ralph Rosenberg & Hilda Slivka

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THE CZECH MEMORIAL TORAH SCROLLS

"How a Torah Changed My Life Forever" was the topic of Sheila Pallay's January talk at The Emanuel as part of the Torah Restoration Project. Pallay presented a slideshow of synagogues from the Czech Republic. She is the co-author of the book, "*Light Beyond the Shadows: The Legacy of the Czech Torah Scrolls and the Renewal of Jewish Life in Czechia.*" Dinner and dessert was served at the event.



From left, are Tamar Margolis and Randie Fierberg, co-chairs of the Torah Restoration Project; Sheila Pallay and her husband Herb; and Lois Roman, who is on the board of trustees of the Memorial Scrolls Trust. MST has allocated Czech Torah scrolls to synagogues and organizations around the world. The Emanuel is home to two of these Torahs, rescued from the Holocaust.

Photos by Rabbi Small

Religious School News

by Barbara Fink

A s spring approaches we have the opportunity to see how the Jewish learning seeds we planted in September are beginning to grow — especially our Kitah Hay (5th grade), Vav (6th grade) and Gimel (3rd grade) students. Our Kitah Vav students have been reading Torah in our family services and 5th graders will read Torah for the first time in either the April or May service.

Our Kitah Gimel (3rd grade) students have been working hard putting together Hebrew letters and sounds and are well on their way to becoming fluent Hebrew readers! You will have the opportunity to kvell along with me and their families on Shabbat morning March 2 as they receive their first siddur! They will lead with confidence parts of the service as well.

Join me in wishing Mazal Tov to 3rd graders:

Elliot Blum, Dylan Gluck, Hannah Levine, Mason Secondino and Frederick Stein.

And new students: Julia Farber-Revoet, Gallyn Shved, Marianna Shved, Lea Spilberg, Brendan Gluck, Brayden Shved, Jamie Smolin, Zachary Levy and Nicholas Rodriguez.

Upcoming Family Programs:

March 2:	Tot Shabbat and Matan Siddur
March 10:	6th grade family program
March 15:	Shabbat Services and Dinner —
	4th grade participation
March 24:	Community-Wide Purim Celebration
March 31:	NO RELIGIOUS SCHOOL
April 5:	Shabbat Services and Dinner —
	6th and 7th grade participation
April 7-14:	NO RELIGIOUS SCHOOL
April 20:	Tot Shabbat and Family Services
April 28:	Pesach Field Day

'TAKING HOLD OF TORAH'

Religious School 6th graders participated in a special family program in January, called "Taking Hold of Torah." Torahs were placed on round tables and students and their families were shown different parts of a Torah. Students went on a scavenger hunt of the Torahs to search for their b'nai mitzvah portions. They also received their own personalized Tanach, thanks to The Emanuel Brotherhood and Judy Silver, who inscribed each book.



Lilly Talit with her mom, Lisa Talit



Philip Thierman with sons Asher and Nathan



Ben & Danielle Wu with daughter Josepha



Zach Levy with parents Madaline Feinberg and Yinon Levy

ADULT EDUCATION NEWS

by Ona Mastronarde

Welcome to our newest committee member, Allen Landerman, who joined us in January. Our 2024 programs began with a talk by **Dr. Eitan Fishbane** about the varied ways in which Jewish mystical thinkers have understood the nature and character of Divinity, exploring lyrical and symbolism-infused texts from the Kabbalah of 13th century Spain (especially that of the Zohar), the Kabbalah of 16th century Tzfat, to that of the spiritual masters of modern Eastern European Hasidism. In February, Dr. Eugene Sheppard spoke about Theodor Herzl, political Zionism and antisemitism. Rabbi Dr. Haim O. Rechnitzer led us on an exploration of the opposing concepts of Judaism expressed by Martin Buber and Franz Rosenzweig and "what are we (Jews) to do?" We traveled virtually to Jewish Egypt with Louise Arwas; to the Dutch island of Curacao with Ron Gomes Casseres; and to Jewish Portugal with Gloria Ribeiro. We also watched the first two of a three-part film series about the 1933 movie "Duck Soup" and the film, "The Jazz Singer: You Ain't Heard Nothin' Yet."

Rabbi Small facilitated discussions on the current events in Israel, along with text study, with the Natalie Ziplow study group Thursday mornings. As always, all are welcome to join the group. Please contact Lisa Taylor at lisat@emanuelsynagogue.org to receive the Zoom link.

Coming Up:

Sunday, March 10, 1:00 p.m., on Zoom: Alan Niku, a filmmaker, writer and scholar of Mizrahi culture from San Luis Obispo, California, and a native speaker of Persian, who seeks to educate the world about the underrepresented cultures of the Middle East, will examine the lesser-known parts of the history of Jewish Iran, a vast story of prophets, autonomous nations, divergent sects, epic poetry, and political intrigue. The Jews of Iran have forged a culture at once Persian and Jewish, with traditions and aesthetics uniquely their own. Now in a second Diaspora in the United States and Israel, with a small population remaining in Iran, the community faces inevitable changes. He will use the knowledge of the Jewish Iran's past to look to the future of the community and discuss how the unique heritage of Iran's Jews can be preserved.

Thursday, March 14, 8:30 p.m., on Zoom: Dr. Michah Gottlieb, Associate Professor and Director of Graduate Studies in the Skirball Department of Hebrew and Judaic Studies at NYU will present "A Rabbinic Debate about Slavery on the Eve of the Civil War," when Rabbi Morris Raphall of Congegration B'nai Jeshurun in Manhattan gave a sermon arguing that a civil war should not be waged over slavery since slavery was a biblically sanctioned institution. The Baltimore Rabbi David Einhorn responded with an essay excoriating Raphall for his terrible misunderstanding of the Bible. This session will discuss whether or not the Bible considers slavery legitimate.

Thursday, March 28, 8:30 p.m., John Kenrick will discuss the third of the film series, "Schindler's List; Whoever Saves One Life Saves the World Entire"; How a broken briefcase led to the world learning about a philandering Nazi who saved more than a thousand

Thursday, April 11, 8:30 p.m., on Zoom, Dr. Andrea Dara Cooper, Associate Professor and Leonard and Tobee Kaplan Scholar in Modern Jewish Thought and Culture in the Department of Religious Studies at the University of North Carolina at Chapel Hill, will consider how scholars and theologians have attempted to find a feminist space within the Jewish interpretive tradition, how contemporary approaches to gender analysis can allow us to understand the use of gendered terms in Judaism, and in what ways can Judaism be both challenged and revitalized by these approaches, in her talk about "Jewish Philosophy and Feminism."

Please check our weekly updates, website, and Facebook page for information on upcoming programs. Reminder: pre-registration is required for Emanuel Adult Education programs on Zoom in order to ensure a secure and meaningful experience. Register using the link provided (the actual Zoom link will be sent out to registered participants by email). It is helpful if your Zoom name and your registration name are the same or very similar so we can easily verify your identity.

NE<u>h</u>ama

Heartfelt condolences and support to the families of:

Mary Louise Cohn, mother of the late Cantor Sanford Cohn, mother-in-law of Beth Polebaum, and grandmother of Shoshi, Gavriel and Ari Cohn Jay Cudrin, father of Lisa (Scott) Sadinsky and grandfather of Dara and Abigail Sadinsky

Dr. Benson Horowitz, husband of Marcia Horowitz **Gerald (Jerry) Kalb**, father of Lisa (Barry) Feigenbaum and grandfather of Melanie Feigenbaum and David Feigenbaum

Elaine Kaufmann, mother of Marc (Ellen) Kaufmann, Susanne (Carl) Peterson and Steven (Joanne) Fruchtman

Mildred (Millie) Krauss, sister of Moshe (Debbie) Zwang

Tehila Oxenhandler, mother of Sari London and David (Nancy) Oxenhandler

Linda Sonnenblick, partner of Henry Zachs

UPDATE FROM JTCONNECT: MARCH EVENTS AND TEEN PHILANTHROPY

by Marcus Fink

JTConnect has had another busy few months! In addition to our continued weekly program each Sunday for 8th-12th graders, in December we held our Spread the Light — Open Mic and Games Night to celebrate Hanukkah together as a community. In January, 36 teens and community members came together for a hands-on Social Action volunteering project at Midwest Food Bank in Manchester, and in early February, JTConnect and The Emanuel held a panel conversation for parents entitled, "You Think What?!" — talking about tough topics with your college age children & teens. Our panel featured Dr. Andy Magin, Lance Goldberg, Rabbi David Small and Kira Simon.

In our next update, we will share about our Teen Shabbaton that is taking place at Camp Ramah New England in early March concluding with our Pink Shabbat event at Nomads in South Windsor to learn about Sharsheret's work about breast and ovarian cancer awareness. March is a busy month with a Dignity Grows Packing Event on March 17 and a community teen Purim event on March 23.

Looking ahead to May 2, JTConnect's annual "Eat, Drink and Connect" event will take place at Congregation Beth Israel in West Hartford. We are excited to announce we will be recognizing Emanuel member Bob Fishman for his leadership in our community. Also at the event, hear from our inspiring teens! For more information on this event, visit jtconnect.org/celebrate.

Lastly, our Teen Leadership Philanthropy Initiative (TLPI) Emanuel cohort meets once a month. During



their last session, the Emanuel cohort kicked off their fundraising efforts for their mission: To support environmental sustainability by cleaning the oceans to minimize pollution and help wildlife in New England. This TLPI cohort is guided by the Jewish values of justice (Tzedek) and dignity (Kavod). If you would like to support their mission, visit givebutter.com/tlpiemanuel24.

For more information about what JTConnect offers, visit jtconnect.org or contact Caroline Poland, Executive Director at caroline@jtconnect.org or 860.727.6157, or Marcus Fink, Communications Manager and Emanuel Site Coordinator, at marcus@jtconnect.org.



At Spread the Light — Open Mic and Games Night: Left, front, Emmett Spaeth and Ari Pincus; right, front, Jonah Rosenberg and Jonah Schulman.



The panel at the February program talking about tough topics with teens and college age children: From left, Rabbi David Small, Lance Goldberg, Kira Simon and Dr. Andy Magin.

News From The SISTERHOOD

News From The BROTHERHOOD

Thank you so much to all of the members of the Executive Board who have been so helpful in my first 6 months of service as Sisterhood President. None of what Sisterhood is able to accomplish could happen without this amazing group of women! Thank you to Linda Asmar, Jennifer Molinari, Carolyn Topol, Debbie Bettan, Debbie Mehlman, Bonnie Lasker, Arlan Lieblick, Madalyn Levy, Beverly Gans, Judith Kronick, Faith Helene, Cheryl Rosenbaum, Sue Bergman and Fern Cohen!

Thank you as well to all of our active members and to those who have joined us for the first time this year! I hope that as we head into Spring and Summer more of you will join us for an event. Please also feel free to reach out if you have any event ideas!

There is so much going on for Sisterhood in the coming months. Sisterhood Shabbat is scheduled for March 9 to align with International Women's Day (March 8). On April 14, we will also host a flower arranging event, during which every attendee will create their own beautiful arrangement to take home!

Keep an eye out for additional announcements and have a wonderful start to your Spring! Be well,

> Rachel Arnett emanuelsisterhoodpresident@gmail.com

Upcoming Dates:

March 9 @ 9:00 a.m. Sisterhood Shabbat March 14 @ 5:00 p.m. "Get Healthy; Stay Healthy — Together!"

April 14 @ 10:00 a.m. Flower Arranging event



From left, Cheryl Rosenbaum, Zach and Rachel Arnett at the Sisterhood Tu B'Shevat program.

S pring is almost here! Soon the days will be getting longer, and we will be able to enjoy nicer weather. Purim is also around the corner, and we will be preparing for Passover shortly thereafter.

I know that it has been a tough 5784 so far for all of us. It is just a matter of time before things will get better! Spring is a reminder of renewal and hope, which is good for the soul. My favorite holiday, Passover, is another new year or anniversary of our freedom out of *Mitzrayim*.

The Emanuel Brotherhood continues to serve our members and keep men involved in Jewish life. The Brotherhood has been hard at work with our signature events and food services for the *simchas* of our congregants. Please look at the calendar, the e-blasts, or direct Brotherhood emails for upcoming events.

Our well-regarded Brotherhood Shabbat will be held on April 13, 2024, *Parashat Tazria*. Please reach out if you would like to receive a special honor. As always, it should be a memorable Brotherhood Shabbat demonstrating our camaraderie and providing a fabulous kiddush.

Our annual Dinner with Hazzan Daniella Risman will be a Shabbat dinner on Friday, May 17, continuing the celebrations and spirit of Yom Haaztmaut from early that week. Special programming with our student cantor, Max Silverstone, will also be part of the evening.

An upcoming Sunday Breakfast with a guest speaker is also in the works.

Looking forward to seeing you at *shul*. Remember, new Emanuel members get a one-year free Brotherhood membership.

Stay well and be safe. Am Yisrael Chai!

- Philip Thierman

VISIT THE JUDAIC SHOP FOR ALL YOUR PESACH NEEDS!

It's Adar! Be happy and time to think about Pesach. Come visit us in The Emanuel Synagogue Sisterhood Judaic Shop for all your Pesach needs to adorn your beautiful seder table. We are stocked with Kiddush cups, matzah plates and matzah covers, seder plates and much more from your favorite Judaic artists.

We are open during Hebrew school hours on Sunday mornings and always available by appointment.

Wishing you a Happy Purim and a Zissen Pesach!

Debbie Bettan (860-798-9355) Carol Fishman (860-930-4424)

THANK YOU TO OUR KIDDUSH SPONSORS

There are two corrections from the December listings of Kiddush sponsors:

Howard & Sharyn Foster and Evelyn Weiss, in honor of their grandson Samuel Weiss' Bar Mitzvah

The Emanuel Synagogue's Board of Trustees, in honor of Kobi & Simi Benita as they move to Israel

JANUARY

Dr. Seymour & Judy Melnick, in honor of Seymour chanting the Haftorah; and **Dr. Isaac & Laurie Silverman**, in memory of Laurie's father, Joel Cohen

The Emanuel Synagogue

Hedyth Fishman, in memory of her husband Robert

United Synagogue Youth (USY), in honor of USY Shabbat

FROM THE BANKS GARDEN



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This list reflects contributions received and processed from Dec. 1, 2023-Jan. 31, 2024. For the next edition of Everything Emanuel, contributions need to be received in the office by February 29, 2024. The minimum donation for each listing is \$10.00.

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In Honor of MARTIN LAZARUS' 90th birthday Howard & Elaine Smith, Jim & Lisa Taylor, Stephen & Barbara Berns

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In Appreciation of HAZZAN RISMAN, on the passing of my father, Jay Smith Andria Smith & Edward Cassorla

HAZZAN RISMAN Lori Gottlieb

CARING (CHESED) FUND

In Appreciation of BONNIE LASKER, for her help for our Kiddush, wishing her a speedy recovery and a happy birthday Bella & Judd Fink In Honor of The birth of FAITH HELENE's great-granddaughter Allen & Judith Kronick MARTIN LAZARUS' 90th birthday Allen & Judith Kronick DIANNE ROTHKOPF's Adult Bat Mitzvah Allen & Judith Kronick, Spencer Mussman The Bat Mitzvah of LILIEN WOODWARD Allen & Judith Kronick In Memory of GERALD KALB Allen & Judith Kronick GUSSIE SCHALLER Joel & Deborah Kent ALEX KAGAN Kayleen Goldstein AARON TEITELMAN Robert Teitelman & Reesa Olins

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In Honor of JENNA ISLEIB, for her promotion to financial advisor Myles & Suzanne Connell JOHN SHANLEY, for his promotion to partner Myles & Suzanne Connell The birth of GLADYS MONDSHEIN's great-grandson Myles & Suzanne Connell The birth of FAITH HELENE's great-granddaughter Myles & Suzanne Connell In Memory of TOM PEDERSEN Myles & Suzanne Connell

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In Honor of HEDYTH FISHMAN, on her special birthday Bella & Judd Fink In Memory of BOB FISHMAN Bella & Judd Fink

GENERAL FUND

In Appreciation of My aliyah Leon Chameides In Honor of DEBBIE & PETER MEHLMAN's 50th wedding Alan & Shelley Cetel, Robert & Marlene Levine The Bar Mitzvah of my grandson, SAMUEL WEISS Evelvn Weiss BETH GOLDBERG, on her special birthday Marshall Soltz EMILY LEBOVITZ-MILLER, on her special birthday Marshall Soltz ANITA MANCOLL, for observing and completing Shnat Ha'evel to honor her husband William Mancoll, z"] Marshall Soltz TRUDY LOVEL, on her 104th birthday Marshall Soltz In Memory of NORMAN YOUNG & CAROL BELL Barbara Nair DEBORAH FOX Bruce Fox GERALD KALB Cynthia & Marcus Rothstein PHYLLIS SEGALMAN & IRWIN SEGALMAN Helaine & Barry Hanenbaum TRUDY GOLDSTEIN Janis & Ken Krissinger LILLIAN KESSLER Joyce Kessler, Sharyn & Sharon TEHILA OXENHANDLER Judy Ganz FANNY GOLDSTEIN Kayleen Goldstein BEVERLY PUGLIESE Marshall Soltz MERRILL SOLTZ & MAX SOLTZ Marshall Soltz EVA PICK Marshall Soltz Wishing Good Health to JESSICA CARLIN Marshall Soltz KIT BLUMENSTEIN Marshall Soltz BONNIE LASKER Marshall Soltz LINDA REVIS Stuart & Sheryl Kopel

RABBI NATHAN & LOTTE HERSHFIELD FUND

In Honor of LOTTE HERSHFIELD's birthday Susan & Ed Schwartz

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SELMA & DAVID KAYE FUND

In Honor of DAVID KAYE's 96th birthday Ronald & Ellen Yazmer

MICHAEL & MARCIA KRINSKY FUND

In Memory of BERNICE KRINSKY & DOROTHY NADEL Marcia & Michael Krinsky

RICHARD & BONNIE LASKER FAMILY FUND

Wishing Good Health to BONNIE LASKER Bella & Judd Fink, Hedyth Fishman, Howard & Elaine Smith, Sheryl & Stu Kopel, Sue & Bruce Bergman

ROBERT & JOAN LEBOVITZ FUND

In Memory of NATALIE LEBOVITZ & SAMUEL MOND LEBOVITZ Sandra Myers

LORETTA & LARRY LEVY FUND

In Memory of ALICE MEYER & LARRY LEVY Loretta Levy

MORRIS & EDITH MANCOLL FUND

In Appreciation of ANITA MANCOLL, for minyan dinner Joel & Fern Cohen In Memory of EDITH MANCOLL Anita Mancoll

SEYMOUR & JUDY MELNICK FUND

In Honor of SEYMOUR & JUDY MELNICK's 65th anniversary Howard & Elaine Smith, Sheryl & Stu Kopel

DONALD & REGINA MILLER FUND

- In Appreciation of REGINA MILLER, for a great job on our Kiddush Bella & Judd Fink
- 1 Honor of

REGINA & DON MILLER's 56th wedding anniversary Bea Mitlak

MINYONAIRES FUND

In Appreciation of JODI SELINGER's friends on the minyan zoom Tammy, Andy, Jodi and Brian Selinger In Honor of MINDY SELTZER & BOB LOVINGER's 10th wedding anniversary Sharon Forman

In Memory of

EDITH GITTLEMAN, HARRIET GOCHROS, MICHAEL GITTELMAN & EDITH GARBER Alan & Donna Gittleman DR. JAY D. SMITH

Alan & Donna Gittleman

SIDNEY MELIUS Alan & Donna Gittleman IESSIE ROSENTHAL Ann Rosenthal MARINO KAIN Gerald Silverman & Pauline Cheifetz WERNER SPANIER & RESI SPANIER Linda Margolin, Ruth Spanier Kuzma SARA LEMCOFF Norberto Lemcoff SAUL HOROWITZ Susan Aldrich

HAROLD & GLADYS MONDSHEIN **FUND**

In Honor of

The birth of GLADYS MONDSHEIN's great-grandson Bella & Judd Fink, Myles & Suzanne Connell, Renee Zetoff, Susan & Paul Goldberg In Memory of THOMAS PEDERSEN

Gladys Mondshein

SAUL & JOANNE PASTERNACK FUND

Wishing Good Health to SAUL PASTERNACK Sheryl & Stu Kopel

PINKES FAMILY FUND

In Appreciation of ANDY PINKES Seymour & Judy Melnick

RABBI LAZOWSKI DISCRETIONARY FUND

In Appreciation of RABBI LAZOWSKI, for his comfort on the passing of my father, Jay Smith Andria Smith & Edward Cassorla

In Memory of DAN NOVARR Avra Novarr SYLVIA MARCUS Carl Marcus

RABBI SMALL DISCRETIONARY FUND

In Appreciation of

The aliyah on my mother Iris' yahrzeit Alan Rosenberg RABBI SMALL, for his kind words of comfort and

- Caring on the passing of my father, Jay Smith Andria Smith & Edward Cassorla RABBI SMALL, for his pastoral comfort
- Anonymous
- RABBI SMALL, for saying such nice words about us after our aliyah
- atter our anyan Bella & Judd Fink RABBI SMALL, for his blessing in honor of David's birthday and Bar Mitzvah anniversary and our travels Carolyn & David Topol RABBI SMALL, for the kind words said during our

anniversary aliyah

- Deborah & Peter Mehlman RABBI SMALL, for his care and compassion for the
- Siegal family in our time of need Rachel Siegal RABBI SMALL, for his good counsel Stuart & Beth Katten
- RABBI SMALL
- Linda Rose Fitzgerald, Wendy & Alan Mandelbaum
- In Honor of RABBI SMALL and THE EMANUEL SYNAGOGUE Abraham Baidoo
- The B'not Mitzvah of DIANNE ROTHKOPF & LILIEN WOODWARD
- Ellen & Harvey Schiller The birth of JEAN & LEON CHAMEIDES' greatgrandson
- Renee Zetoff
- RABBI SMALL and Summer Camp Grants Rhoda E. Kaplan The birth of NADAV SHAKED
- Tammy, Andy, Jodi and Brian Selinger
- In Memory of MARTIN KATZ

 - Audrey Mancini

GERALD KALB Barbara Snyder TEHILA OXENHANDLER Briana London, Jenna London, Carol Rosenberg, Elliot & Ina Schwebel, Francene & Jeremy Weingast, Michael & Mona Rubin, Michael Glazier and Jody Brown, Ruth & Red Weiner and family HARRY EDELSON & MORTON BLUM Caryl Blum MELVIN SPAT Fred Spaeth & Eliana Tsukroff, Meryl Spat, Kenneth Spaeth SARAH & MENDEL SMALL Leon & Jean Chameides SANDRA BERNSTEIN & BERNARD ROSENBERG Milton & Rita Rosenberg Sandy Hook 26 lives taken Norman & Linda Hecht ELAINE FELDMAN and in appreciation of RABBI SMALL Renah Feldman SANDRA SCHWARTZ & SYLVIA SCHWARTZ Ronald Schwartz SELIG LESNOY & BYRON KOPEL Stuart & Sheryl Kopel TRUDY GOLDSTEIN The Selden Family SARA BASSOK, BENNIE BASS & CAROL LOWENSTEIN Jack & Mimi Bassok

RELIGIOUS SCHOOL FUND

In Honor of DEBBIE & PETER MEHLMAN's 50th wedding anniversary Joel & Deb Kent The Bat Mitzvah of DIANNE ROTHKOPF Joel & Fern Cohen DAVID & PAULA BARAM's son MATT, being named a Wexner Fellow Sheryl & Stu Kopel In Memory of JAY CUDRIN Joel & Fern Cohen

RITUAL DIRECTOR MOSHE PINCHOVER DISCRETIONARY FUND

In Appreciation of HAZZAN PINCHOVER, on the passing of Jay Smith Andria Smith & Edward Cassorla MOSHE PINCHOVER's kindness Lori Gottlieh In Honor of LISA PINCHOVER, on her engagement to Mordechai (Mordy) Rappaport Don & Regina Miller

ALAN & BARBARA ROSENBERG FUND

In Memory of IRIS ROSENBERG Alan & Barbara Rosenberg

BEN & SYLVIA ROSENBERG FUND

In Memory of SYLVIA ROSENBERG, MARY DENOWITZ & JACK DENOWITZ Marc & Nancy Bazilian

SATURDAY KIDDUSH FUND

In Honor of EMILY LEBOVITZ-MILLER's special birthday Joyce, Myron, David & Jeff Sturm

In Memory of DAVID GOLDFARB Barbara & Stephen Berns

Wishing Good Health to DEBBIE MEHLMAN Don & Regina Miller KIT BLUMENSTEIN Don & Regina Miller

HERBERT & JUDY SILVER FUND

In Memory of BEATRICE KAY Judy Silver

SISTERHOOD TRIBUTE FUND

Wishing Good Health to DEBBIE MEHLMAN Joel & Deb Kent

HARRY & HYLA SKLAR FUND

In Memory of HYLA SKLAR Dolores Kelliher, Elaine Dobrutsky, Ellie & Mark Goldberg, Faith & Bruce Parker, Joel & Deb Kent, Kathy & Ron Fishman

DRS. ROSALIE & JAY SMITH FUND

In Memory of DR. JAY D. SMITH Joel & Deborah Kent, Stuart & Beth Katten

HOWARD & ELAINE SMITH FUND

In Honor of ELAINE SMITH's special birthday Faith & Bruce Parker

VIVIAN & ROBERT SPIVAK FUND

In Memory of JEANNE DIANE SPIVAK Arlan Lieblick & Mel Spivak

STREAMING SERVICES FUND

In Memory of SOL BACKER Ioel Backer THOMAS PEDERSON Norman & Linda Hecht

TOPOL & LeVINE FAMILY FUND In Honor of DAVID TOPOL, on his birthday Carolyn Topol

BERNARD & BERNICE WALDMAN FUND

In Honor of The birth of our granddaughter, BLAKE DAHLIA SELTZER Jaime & Mark Seltzer In Memory of STEVEN SELTZER Jaime & Mark Seltzer & Family

WALDMAN, KAYE & SAMUELS FAMILY FUND

In Memory of SYLVIA WALDMAN Karen Kaye Wishing Good Health to KAYLEEN GOLDSTEIN Karen Kave GAIL KARASIK Karen Kaye THELMA COHN Karen Kaye RABBI JAFFEE Karen Kave DEBBIE ZWANG Karen Kaye

YOUTH ACTIVITIES FUND

In Memory of SYLVIA ROSENFELD Lou & Trudi Brown, Marilyn & Jim Gould, Susan Wortman & Jack Pinnas

From the Rabbi, continued from p.1

self-reinforce. The more I embrace positive thoughts and act to help others and myself, the more I will be able to stay positive, and the more likely I am to stay on this path.

Progressive learning and growing fosters happiness. Improvement comes over time. When our repeated actions involve effort, trial and error, we experience a sense of accomplishment that lights up our spirits. The people I have known who are "young at heart" are especially open to learning and improving throughout their lives. Rabbi Abraham Joshua Heschel urges us to "live your life as a beautiful work of art."

Suffering and woe exist; yet happiness is within our reach. We choose our stance in any situation. This Adar, "Just direct your feet/on the sunny side of the Street." Happy Adar!

Rabbi David J. Small

"Rabbi Abraham Joshua Heschel urges us to 'live your life as a beautiful work of art."



Emanuel in Florida With your host, Rabbi David Small

Tuesday, March 05, 2024, 4:30-7:00 pm B'nai Torah Congregation 6261 SW 18th Street Boca Raton, FL 33433

A light supper will be served. Strictly Kosher and delicious! Event is free of charge and no solicitation of funds will take place.

R.S.V.P. TO: Lisa Taylor: LisaT@emanuelsynagogue.org

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March 2024

Adar 1/Adar II 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(www.en and our	refer to our v nanuelsynago eblasts for up programming	gue.org) coming	Daylight Saving Time begins March 10!		1 21 Adar I Shacharit 7am Mincha/Kabbalat Shabbat/ Maariv 5:30pm Candles 5:24pm	2 22 Adar I Parashat Ki Tisa Services 9am 3rd Grade Matan Siddur Tot Shabbat 10:30am Mincha/Maario 5:30pm Havdalah 6:23pm
3 23 Adar I Shacharit 8am Religious School 9am Side by Side with the Scribe - Time TBA Mincha/Maariv 5:30pm	4 24 Adar I Shacharit 7am Mincha/Maariv 5:30pm	5 25 Adar I Shacharit 7am Mincha/Maariv 5:30pm	6 26 Adar I Shacharit 7am Religious School 4pm Mincha/Maariv 5:30pm	7 27 Adar I Shacharit 7am Ziplow Study Group 10:30am Kibbitz & Nosh 11am Exec Comm 7pm Mincha/Maariv 5:30pm	8 28 Adar I Shacharit 7am Mincha/Kabbalat Shabbat/ Maariv 5:30pm Candles 5:32pm	9 29 Adar I Parashat Vayakhel/ Shabbat Shekalim Services 9am Sisterhood Shabbat Chapel Minyan 9:30am Mincha/Maariv 5:45pm Havdalab 6:32pm
10 30 Adar I Shacharit 8am Rosh Chodesh Adar II Religious School/ 6th Grade Family Program 9am Adult Ed Virtual Travel: Jewish Iran 1pm Mincha/Maariv 6:45pm	11 1 Adar II Sbacharit 7am Brotherhood Board 7:30pm Mincha/Maariv 6:45pm	12 2 Adar II Sbacharit 7am Sisterhood Board 7:30pm Mincha/Maariv 6:45pm	13 3 Adar II Shacharit 7am Religious School 4pm Mincha/Maariv 6:45pm	14 4 Adar II Shacharit 7am Ziplow Study Group 10:30am Kibbitz & Nosh 11am Sisterhood "Get Healthy" Session 5pm Adult Ed Board 7:30pm Mincha/Maariv 6:45pm	15 5 Adar II Shacharit 7am BBYO Shabbat/Shabbat Artist-in-Residence Eric Hunker Mincha/Kabbalat Shabbat/ Maariv 5pm Community Shabbat Dinner 6pm Candles 6:40pm	16 6 Adar II <i>Parashat Pekudei</i> Services 9am Shabbat Artist-in- Residence Eric Hunker Performance by Eric Hunker and Friends 8pm <i>Mincha/Maariv 6:45pm</i> <i>Havdalab 7:40pm</i>
17 7 Adar II <i>Shacharit 8am</i> Religious School 9am <i>Mincha/Maariv 6:45pm</i>	18 8 Adar II Shacharit 7am Mincha/Maariv 6:45pm	19 9 Adar II Shacharit 7am Board of Trustees 7:30pm Mincha/Maariv 6:45pm	20 10 Adar II Shacharit 7am Religious School 4pm Mincha/Maariv 6:45pm	21 11 Adar II Shacharit 7am Taanit Esther Ziplow Study Group 10:30am Kibbitz & Nosh 11am Mincha/Maariv 6:45pm	22 12 Adar II Shacharit 7am Mincha/Kabbalat Shabbat/ Maariv 6pm Candles 6:48pm	23 13 Adar II Parashat Vayikra/ Shabbat Zachor Services 9am Erev Purim Mincha/Maariv 7pm Havdalah 7:47pm Megillah 8pm Purim Bash 9pm
24 14 Adar II Sbacbarit 9am Purim No Religious School Megillah Reading & Purim Parade 9an - Purim Party TBA Mincba/Maariv 7pm 31 21 Adar II Sbacbarit 7am Religious School 9am Scribe with the Sofer TBA Mincba/Maariv 7pm	25 15 Adar II Sbacbarit 7am Shushan Purim Mincba/Maariv 7pm	26 16 Adar II Sbacharit 7am Torah Repair Comm 6:30pm Mincha/Maariv 7pm	27 17 Adar II Sbacharit Tam Religious School 4pm Passover Wine Sale 5:30pm Mincha/Maariv 7pm	28 18 Adar II Sbacbarit Tam Ziplow Study Group 10:30am Kibbitz & Nosh 11am Adult Ed Virtual Film: Scbindler's List 8:30pm Mincba/Maariv 7pm	29 19 Adar II Sbacbarit 7am Mincha/Kabbalat Shabbat/ Maariv 6pm Candles 6:56pm	30 20 Adar II Parashat Tzav/ Shabbat Parah Services 9am Mincha/Maariv 7:15pm Havdalab 7:55pm



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April 2024

Adar II/Nisan 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 22 Adar II Shacharit 7am Mincha/Maariv 7pm	2 23 Adar II Sbacbarit 7am Ritual Committee 7:45pm Mincha/Maariv 7pm	3 24 Adar II Shacharit 7am Religious School 4pm Mincha/Maariv 7pm	4 25 Adar II Sbacbarit 7am Ziplow Study Group 10:30am Kibbitz & Nosh 11am Exec Comm 7:30pm Mincha/Maariv 7pm	5 26 Adar II Shacharit 7am Abe Morrison Shabbat Dinner 6:15pm Mincha/Kabbalat Shabbat/ Maariv 5pm Candles7:04pm	6 27 Adar II Parashat Shemini/ Shabbat HaChodesh Services 9am Mincha/Maariv 7:15pm Havdalah 8:03pm
7 28 Adar II Shacharit 8am No Religious School/Spring Break SSDS Ner Tamid Event 2pm Mincha/Maariv 7pm	8 29 Adar II Sbacbarit 7am Brotherhood Board 7:30pm Mincha/Maariv 7pm	9 1 Nisan Sbacbarit 7am Rosh Chodesh Nisan Sisterhood Board 7:30pm Mincba/Maariv 7pm	10 2 Nisan Shacharit 7am No Religious School Mincha/Maariv 7pm	11 3 Nisan Shacharit 7am Ziplow Study Group 10:30am Kibbitz & Nosh 11am Adult Ed Board 7:30pm Mincha/Maariv 7pm	12 4 Nisan Shacharit 7am Mincha/Kabbalat Shabbat/ Maariv 6pm Candles 7:11pm	13 5 Nisan Parashat Tazria Services 9am Brotherhood Shabbat 9am Chapel Minyan 9:30am Mincha/Maariv 7:30pm Havdalah 8:10pm
14 6 Nisan Sbacbarit 8am No Religious School Sisterhood Flower Arranging Class 10am Mincha/Maariv 7pm	15 7 Nisan Shacharit 7am Mincha/Maariv 7pm	16 8 Nisan Shacharit 7am Board of Trustees 7:30pm Mincha/Maariv 7pm	17 9 Nisan Sbacbarit 7am Religious School 4pm Mincba/Maariv 7pm	18 10 Nisan Shacharit 7am Ziplow Study Group 10:30am Kibbitz & Nosh 11am Mincha/Maariv 7pm	19 11 Nisan Shacharit 7am Mincha/Kabhalat Shabhat/ Maariv 6pm Candles 7:19pm	20 12 Nisan Parashat Metzora/ Shabbat HaGadol Services 9am Tot Shabbat/ Family Services 10:30am Mincha/Maariv 7:45pm Havdalab 8:18pm
21 13 Nisan Shacharit 8am Religious School 9am Mincha/Maariv 7pm	22 14 Nisan Shacharit 7am Taanit Bechorot Erev Pesach First Seder Mincha 1pm Candles 7:22pm	23 15 Nisan Services 9am Pesach Day 1 Pesach Mincha 12:30pm Passover Second Seder @ Emanuel 6pm Candles 8:23pm	24 16 Nisan Services 9am 1st Day of the Omer Pesach Day 2 No Religious School Mincha/Maariv 7pm Havdalab 8:23pm	25 17 Nisan Sbacharit 7am 2nd Day of the Omer Pesach Day 3 Ziplow Study Group 10:30am Kibbitz & Nosh 11am Mincha/Maariv 7pm	26 18 Nisan Shacharit 7am 3rd Day of the Omer Pesach Day 4 Mincha/Kabhalat Shabhat/ Maariv 6pm Candles 7:27pm	27 19 Nisan 4th Day of the Omer Chol Hamoed Pesach Pesach Day 5 Services 9am Mincha/Maariv 7:45pm Havdalah 8:26pm
28 20 Nisan Shacharit 8am 5th Day of the Omer Pesach Day 6 Religious School Field Day 9:30am Mincha/Maariv 7pm Candles 7:29pm	29 21 Nisan Services 9am 6th Day of the Omer Pesach Day 7 Mincha/Maariv 7pm Candles 8:30pm	30 22 Nisan Services 9am Pesach Day 8 Yizkor approx 11am Mincha/Maariv 7pm Havdalab 8:29pm				